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May 29, 2014

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**SPORTS**

**East Jordan Teacher's Contract approved**



East Jordan senior Tommie Outman delivers a pitch against Boyne City. Story on page 1B. (PHOTO BY CINDA SHUMAKER)



East Jordan's Tori Goodrich (23) lays down a bunt against Harbor Springs. Goodrich would be safe on the play. Story on page 2B. (PHOTO BY CHRIS FIEL)

By Tina Sundelius

**EAST JORDAN**—East Jordan Public School teachers and Board have approved a three year contract more than three months before their present contract expires. The amicable agreement was a welcome relief after the lengthy and somewhat frustrating negotiations the district endured during the negotiations of their last contract.

An agreement between the East Jordan Board of Education and the East Jordan Education Association was ratified by the teachers on Friday May 16 and approved by the Board of Education on May 19. The new contract will take effect on September 1, 2014 and runs through August 31, 2017. "Negotiations lasted two weeks and were positive, productive and professional in every aspect of negotiations," said East Jordan Schools Superintendent Jon Hoover.

The new contract awards teachers a wage increase of 1.0% (2014-15), 1.25% (2015-16), and 1.25% (2016-17). No change was made in insurance and only minor language changes were made to bring the contract into compliance with State law regarding labor agreements between Boards of Education and teacher unions. "I am grateful to our administration and to our board that this contract negotiation was so smooth and that we have a three year contract in place," said Third Grade Teacher, Tina McDuffy.

Because of the length of the last contract negotiation, the two year



FILE PHOTO  
 Superintendent of East Jordan Public Schools, Jon Hoover, announced East Jordan Public School teachers and Board have approved a three year contract more than three months before their present contract expires.

contract hammered out then was only in place for one year after it was ratified. East Jordan Education President representing the teachers, Paul Nachazel, explained that East Jordan negotiators listened and worked well together like they usually do with exception of the last contract. "This contract was settled like everything up to that one contract has been, that was an anomaly, we've never had anything like that. Both sides listened and it was easier to come to an agreement with both sides listening. We're here for kids and we're both on the same team and to get it resolved so quickly shows how dedicated we are to the school system. Ultimately, we just want what's best for our kids," he said.

Hoover didn't want to comment on what made these negotiations smoother than the last. "I made a

promise to myself and my staff that we would not revisit the past but once we settled the contract in August of 2012 our goal was to move forward and strive to reach levels of excellence our students deserve; and we knew we could not accomplish that goal if we allowed the past to be an anchor to our future. Since that time, that has been our sole focus and we have been so very blessed to have reached and exceeded many of our goals." Consequently, the East Jordan Board of Education is thrilled to be able to announce the approval of the contract with the teachers association. "Our teachers over the past two years have gone the extra mile for our students and it was the Board's desire to reward that effort with a contract, to the best of our knowledge, with one of the best in the state," he said. Hoover stated that the high school has recorded the two highest ACT class composite scores in school history and that the elementary and middle school MEAP test scores have risen in the last two years. He also pointed out that the Quiz Bowl team has won the State Championship two years in a row and that the new alternative high school has been a great success. "The day-to-day excellence exhibited in each classroom—along with the sense of family and caring that is an integral part of each building—have allowed our school district to be a leader in education and the Board wanted to recognize and value their commitment to being their best," he said.

**Two Men Sentenced in Circuit Court**

Norma Jean Babcock

**CHARLEVOIX**: Wisconsin man Bruce Olson was sentenced

on May 23rd for larceny charges which he had pled guilty to on April 25 and Charlevoix man Thomas Thorp was sentenced on a conviction of Attempted Criminal Sexual Conduct, Third Degree.



BRUCE OLSON

According to the affidavit of probable cause for Bruce Olson, Olson attended a party the evening of March 14, 2014. Shortly before midnight he gave a Charlevoix woman a ride home in her 2007 Jeep Liberty. After dropping her off he left to "get some beer" in her vehicle at which point the woman fell asleep. She awoke in the early morning hours to discover that her vehicle had not been returned, and that her debit card and PIN number had been taken from her wallet.

The woman called her bank to verify her balance and discovered that \$838.01 was missing from her account. On March 17 a detective was given permission to look into the woman's bank account and found five unauthorized transactions made by Olson. Detectives obtained a

See Sentencing—10A

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**Ribbon Cutting for new Coldwell Banker Schmidt Realtors office in East Jordan**



Ken Schmidt, owner of Coldwell Baker Schmidt Realtors, and Mike Stark hosted the East Jordan business community at a ribbon cutting ceremony of the new real estate office in East Jordan last week. Area business owners and the East Jordan Chamber of Commerce members gathered to welcome them to the community. Levi Stark, son of Mike Stark, cut the ribbon. The new Coldwell Banker Schmidt Realtors location office was formerly Stark Realty and is located at 109 Mill Street in East Jordan.

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# News

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**weather**

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
HIGH: Mid 70's LOW: Low 50's	HIGH: Upper 70's LOW: Mid 50's	HIGH: Mid 70's LOW: Upper 50's	HIGH: Mid 70's LOW: Mid 50's	HIGH: Low 70's LOW: Mid 50's	HIGH: Low 70's LOW: Mid 50's

## record temps

Day	Avg.	High	Avg. Low	Record High	Record Low
5/29	73°F	44°F	93°F (2006)	29°F (1958)	
30	74°F	45°F	93°F (2006)	27°F (1961)	
31	74°F	45°F	90°F (2007)	29°F (1967)	
1	74°F	46°F	90°F (1949)	26°F (1966)	
2	75°F	46°F	92°F (1949)	27°F (1966)	
3	75°F	46°F	89°F (1948)	30°F (1977)	
4	75°F	47°F	90°F (2011)	27°F (1964)	

# Visions for Boyne City

By Tina Sundelius

BOYNE CITY—A public meeting to view design concepts for upgrades to city buildings held on May 27 at the Boyne Area Senior Center was well attended. Representatives from Architect firm, Environmental Architects, presented the designs giving explanations for different aspects and answered questions.

The informational session was intended to discuss the current and future needs of city buildings. The facilities under consideration include City Hall, Museum, Public Works, Police, Fire, and EMS. Four design concepts for the upgrading of the facilities

were developed from information gathered at a public design process in April and input from City staff and emergency personnel. “The designs are based off of meetings with different city departments and the public session as well as an analysis of the existing structures,” said Environmental Architect Representative Ray Kendra.

The first design presented included a vision for the DPW garage. Moving the DPW Garage off site to the existing North Boyne salt barn area was a suggestion the firm highly suggested although the footprint for it at the Lake Street site was included in all four design options as well.



OPTION A



OPTION AB



OPTION C



OPTION D



The existing salt barn would be removed and three structures built in its place. “It’s pretty evident to see this thing is in a very precarious condition, it’s going to need to be replaced in any case,” said Kendra. The firm presented designs to build a new salt barn, a cold storage garage and a heated operations building which would include bays for vehicle storage repair and wash bays that would be shared with the EMS. The estimate for this came in at \$2.2 million.

Large concerns the firm had in designing the other facilities using existing buildings included upgrades to mechanical structures, like heating and cooling systems, emergency vehicle loading ingress and egress and the lost parking that could be available to park visitors after hours if the buildings were placed differently. The four concepts for housing the other city departments spanned from \$6.4 to \$7.6 million. The least expensive utilizes the existing buildings gutting and restructuring the inside and refacing the outside with brick. One option included a second story and putting additions on the current

city hall to accommodate the fire and departments. The final and most expensive option was to build all new buildings. “This is the most efficient plan,” he said. The park becomes the village green area, the all mechanical structures would be new and the parking lot situated so that it can be most usefully utilized.

Posters of the designs are on display at city hall and on the city website. “We want to explore all four options available but the next step would be to pick bits and pieces and put it together,” said Kendra.



DPW Garage Design

## OBITUARIES

### Kenneth Carl Klintworth, 71

(NOV. 17, 1942 - MAY 25, 2014)

Kenneth Carl Klintworth of Charlevoix passed away at his home Sunday morning, May 25, 2014.



Kenneth was born November 17, 1942 to George H. and Virginia Klintworth Sr., in Marietta, Ohio. He married Norma Jean Stevens on June 21, 1963. He is survived by his beloved wife Norma, and children, Kenneth Karl and Shari Klintworth, Joseph Howard Klintworth, Anthony Wayne Klintworth, and Tammy Lynn and Harold Mapes all of Charlevoix, 11 Grandchildren and 8 Great-Grandchildren, his brothers George and Janet Klintworth, Walter and Tina Klintworth both of Lowell Ohio, his sisters Lois and Lewis Settlement of Newport, Ohio, Alma and John Gibson of Belpre Ohio, and Lesia and John Wyatt of Fowlerville, MI. along with many nieces and nephews.

He was preceded in death by his twin sons Stephen and Stanley Klintworth, his parents George and Virginia Klintworth, his sister Shirley McIntire, and his brother John Klintworth.

Kenneth was an avid hunter and fisherman, who drove truck for a living. He loved his family.

Calling hours will be at the Winchester Funeral Home from 6-8 p.m., Tuesday, May 27, 2014; and from 12 noon until the Funeral begins at 1 pm on Wednesday, May 28, 2014, at the Klintworth family home at 7635 Pincherry Road, in Charlevoix. The Reverend John Spohn of the Faith Living Word Church in Petoskey will officiate. Burial will follow at the Undine Cemetery in Hayes Township.

Please sign Ken’s guestbook at [www.winchesterfuneralhome.com](http://www.winchesterfuneralhome.com). In lieu of flowers, donations may be made to his wife and family.

### Thomas “Tiny” Roger Garnsey, 68

(OCT. 7, 1945 - MAY 20, 2014)

Thomas (Tiny) Roger Garnsey of Boyne City passed away May 20, 2014 at Boulder Park Nursing Home in Charlevoix Michigan after a long illness.

Thomas was born October 7, 1945 in Detroit Michigan to Donald James and Yevie Garnsey.

He is survived by daughters Shona Michelle Garnsey, Tania Elise Fisher, Kimberly Joyce Garnsey, and Mary Ann Mowery, son-in-laws Mike Hester, Scott Fisher, and James Mowery, 11 grandchildren, 5 great grandchildren, and brother James Donald Garnsey.

Tom worked 33 years at Pontiac General Motors as a tool and die machinist. He made a lot of

friends at work and in the community. He loved to travel making friends wherever he went. He also volunteered for Habitat for Humanity.

Tom was well loved and will be missed by many.

A memorial service was held at Walloon Lake Community Church, 04320 M75 North on Tuesday May 27, 2014.

Contributions may be made in Tom’s memory to the American Diabetes Association in lieu of flowers.

Stackus Funeral Home of Boyne City is serving the family.

LoAnne Brown, 84, of Charlevoix, passed away Monday, Dec. 27, 2013, in Grand Rapids.

A memorial service will take place at 1 p.m. Saturday, May 31, at the Winchester Funeral Home in Charlevoix, where visitation will begin at 11 a.m. The Rev. Gayle Gennett will officiate. Burial will be in Brookside Cemetery in Charlevoix.

### Nettie Laney Gahre

Nettie Laney Gahre died Saturday, May 24, 2014, from complications of lymphoma.

Mrs. Gahre was a resident of Tampa, Fla. Most of her life, but resided for the last nine years in the home of her beloved daughter, and son-in-law, Maryann and John J. Borths in Charlevoix.

She is survived by her daughter, Maryann L. (John J.) Borths;

grandchildren, Jason Borths, Sarah Borths, Jerry Borths, and Laura (Monsour) Elias; great-granddaughter, London Rose Elias; several nieces and nephews.

Cremation has taken place and a committal service will take place at a later date in the Oak Grove Church Cemetery in Tampa, Fla.

A celebration of life/birthday party for Nettie will be announced in July.

Memorial contributions may be made to the Charlevoix United Methodist Church, 104 State Street, Charlevoix, MI 49720.

The Winchester Funeral Home in Charlevoix is assisting the family.

### Leola ‘Maxine’ Lilak, 94

(NOV. 8, 1919 - MAY 16, 2014)

Leola “Maxine” Lilak of Traverse City and formerly of East Jordan, died Friday, May 16, 2014, at Bortz Health Care.

Maxine was born on Nov. 8, 1919, in Mancelona, the daughter of Edward and Myrtle (Sweet) Touchtone.

She grew up south of East Jordan and graduated from East Jordan High School at the age of 16.

Maxine lived in Detroit during World War II, where she worked at Willow Run as a quality inspector. After the war she returned to East Jordan and worked for her husband, Francis Joseph “Jay”

Lilak, as the bookkeeper for Lilak & Moore Excavating and even could be found with a shovel in hand helping at the crushing plant.

In her spare time, she enjoyed reading western novels, and was known to be an excellent cook who could make a steak that would melt in your mouth.

She is survived by her daughter, Iris L. Brennan (George Lardie), of Traverse City; grandson, Patrick Francis (Karen) Brennan, of East Jordan; granddaughter, Michelle Brennan (Doug) Latsch, of Morris Plains, N.J.; great-grandchildren, Mac and Brady Brennan, Brennan and Nathan Latsch; along with numerous nieces and nephews.

Maxine was preceded in death by her parents; husbands, Francis Joseph “Jay” Lilak, Edward “Roy” Hosier; grandson, Bryan P. Brennan; brothers, Kenneth, Francis, Albert and Leroy Touchtone.

A gathering to celebrate her life will take place from 1-3 p.m. Sunday, June 1, at Murray’s in East Jordan. Family and friends are invited to attend and share their memories of Maxine.

Visit her webpage at [www.lifestorynet.com](http://www.lifestorynet.com) to sign the guest book and share a message with her family. The family chose Life Story Funeral Home, Traverse City.

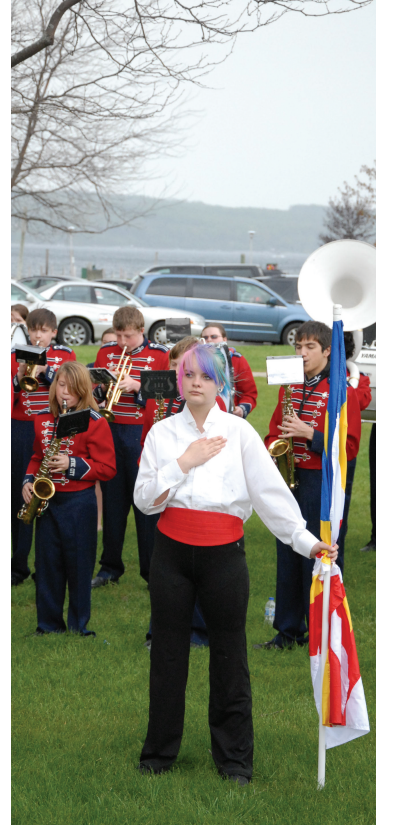
# Memorial Day in Boyne City

PHOTOS BY TINA SUNDELIUS

By Tina Sundelius

BOYNE CITY—Mostly sunny skies and warm temperatures made for a perfect Memorial Day celebration across the county. In Boyne City, festivities included a fundraiser breakfast, parade and flag-raising service at Veteran's Park.

The 30th Annual Booster Foundation Fundraiser energized the day by providing a huge pancake, egg, sausage and everything else we call breakfast for a \$7 donation to all who found their way to the High School between 8-11a.m. Members of the BCHS Blaze Robotics Team were among this year's volunteers. "We support academics, athletics and the arts, all the kids," said Event Coordinator, Mike Webster, who was impressed this year because some of the students arrived at 5:30a.m, an hour unseen and unheard of by most students, to help prepare food and set up. This year's event was well attended. "It's always successful because it's a gathering of the community, it's a tradi-



tion," he said.

After a small parade, a large crowd gathered at Veteran's Park for a solemn raising of the flags ceremony. It began with the raising of the American flag by veteran Russell Gilmore and prayer. Flags representing each branch of the service including the merchant marines and coast guard were raised by a veteran assisted by a boy scout. A table was set for the MIA and a wreath was cast. Singer Gail Garrie sang a medley of patriotic songs and the crowd tearfully sang along. The event closed with taps performed by a BCHS trumpet player. "It's always amazing the number of people that show up and show their respect. It makes me feel good as a citizen and a veteran and a former sheriff," said event coordinator George Lasater.



# Memorial Day in Charlevoix



PHOTO BY M. CHRIS LEESE

ABOVE: Charlevoix veterans honorguard commander Joe Seidel of Charlevoix (far left) addresses the fully uniformed US Coast Guard representatives as they signal the coast guard vessel to approach Veterans Park and place a wreath on the water in honor of all servicemen killed at sea, Saturday during the Memorial Day ceremony in Charlevoix.

PHOTO BY M. CHRIS LEESE

RIGHT: Charlevoix residents, Trudy Rightsell (left) helps Rosalynn Goldstick walk out of Brookside Cemetery after the Memorial Day ceremony in Charlevoix. Goldstick, 94, is a past president of the American Legion 226 Auxiliary and served more than 62 years.



PHOTO BY M. CHRIS LEESE

US Coast Guard members from the Charlevoix post, participate in the memorial ceremony at Veterans Park Saturday as they prepare to place a wreath on the water in honor of all servicemen killed at sea.



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# News

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## New fund helps keep veterans from falling through the cracks

The Charlevoix County Community Foundation has established a new Veteran's Assistance Fund to help local veterans get the help they need. "Many veterans struggle to pay for basic needs such as health care, home heating and home repairs," said Maureen Radke, program officer at the foundation. "We heard from local organizations that veterans were unable to get assistance to help pay for those needs, and several of our donors stepped in and wanted to help."

John Hess, veterans affairs director at the Charlevoix County Office of Veterans Affairs was instrumental in identifying the need for the Veterans' Assistance Fund. His viewpoint was echoed by several other nonprofit agencies that provide services to veterans and their families. "Charlevoix County is home to between 2600 and 2800 veterans," said Hess. "We serve all of them, but many are not eligible for government funding."

Government assistance programs generally only cover those veterans who served during war time, leaving out all of those who served between Korea and Vietnam or between Vietnam and Desert Storm. In addition, Michigan ranks last in the nation when

it comes to per-capita spending on veterans, spending \$3,400 per vet. The national average is over \$4,800. (Source: <http://interlochenpublicradio.org/post/michigan-ranks-last-nation-capita-spending-veterans>).

This year, Hess has distributed nearly \$14,000 to veterans from government funds, but there are many more who were not eligible, since they did not serve during a war.

"A veteran is a veteran is a veteran," said Hess. "If they signed their name on the dotted line to serve our country, they deserve all the help they can get. That's why this fund is needed, so that there will be no veterans falling through the cracks."

The Veterans' Assistance Fund has been established to provide assistance on a short-term or emergency basis to Charlevoix County veterans who are ineligible for other types of aid. Funds will be directed to nonprofit agencies that identify veterans who are disadvantaged in some way. The funding provided will be last-resort funding and will provide for clothing, counseling, education, food, home fuel, housing, job training and retraining, personal hygiene items, transportation, utility shut-off assistance and more.



John Hess, Veterans Affairs Director, Charlevoix County Office of Veterans Affairs, and Maureen Radke, Program Officer, Charlevoix County Community Foundation, partnered to establish the Veteran's Assistance Fund, which will provide Charlevoix County Veterans with short-term assistance for urgent needs.

The first funds will be distributed later this year, said Radke. "We are proud that our donors recognized the great contributions of veterans and wanted to find a way to help those in need here in Charlevoix County. Connecting the donors with the nonprofit organizations is what we love to do at the Community Foundation, and we are so glad that because of this fund, local

veterans will have access to the support they need."

Citizens interested in supporting the new Veterans' Assistance Fund are invited to call the Charlevoix County Community Foundation at (231) 536-2440.

Veterans in need of assistance should contact the Charlevoix County Veterans Affairs Office at (231) 547-7220.

The Charlevoix County Com-

munity Foundation is a public charity dedicated to improving and enriching the lives of people in Charlevoix County. The organization holds various funds, all established by local donors. Some funds are earmarked for specific causes; others are open-ended to meet changing needs. The funds are held in permanent endowment so they can continue to grow and generate income to enhance the quality of life in Charlevoix County now and for generations to come. For more information, please contact the foundation at (231) 536-2440, [www.c3f.org](http://www.c3f.org).

Additional information on Veteran's Assistance in Michigan:

"The Veterans Administration says when it comes to per-capita spending on veterans, Michigan checks in at an average of just over \$3,400 per vet. The national average is over \$4,800. That places Michigan last in the nation." (Source: <http://interlochenpublicradio.org/post/michigan-ranks-last-nation-capita-spending-veterans>)

Contact information for John Hess:

Charlevoix County Office of Veterans' Affairs  
231-547-7220; [hessj@charlevoix-county.org](mailto:hessj@charlevoix-county.org)

## Joppa House Hosts Grand Opening



PHOTO BY M. CHRIS LEESE

Hundreds of people tour the Joppa House Saturday during the grand opening reception in Charlevoix. The women's home is finished with a complete remodeling and will service up to 15 women (including their small children) at one time.

PHOTO BY M. CHRIS LEESE

Nancy VanRoekel of East Jordan holds up the quilt she made as a donation to the Joppa House, as she is seen touring the facility during the grand opening Saturday in Charlevoix. Many women donated quilts to be given to the ladies that stay in the home.



PHOTO BY M. CHRIS LEESE

Julie Weaver (left) and Karen Campbell both of Charlevoix admire the new decorations in one of large bedrooms upstairs in the Joppa House as they tour the facility during the grand opening of the Joppa House for women in Charlevoix. Each room is sponsored by a group or individual for the painting and wall decor. Beds and furnishings were also donated.



## Library adds streaming and downloadable music to its service selection

Charlevoix Public Library, one of the thousands of libraries worldwide that subscribe to the Freegal® Music Service, is now offering patrons the ability to stream entire albums every day as part of its free online music offering. The new initiative, part of Freegal 4.0, will allow cardholders of the Charlevoix Public Library increased access to over 6 million songs from 28,000 recording labels that originate in over 80 different countries. Also included is the complete local catalogue of Sony Music Entertainment.

Under the terms of the launch, registered cardholders can download three Freegal Music tracks in the MP3 format each week, and stream three hours each day at no direct cost to the user. The Freegal Music Service also has over 15,000 popular music videos for download in the MP4 format, which patrons may download no more than one per week. In order

to access the Freegal Music collection, click on the Freegal link on the left hand navigation bar at

[www.charlevoixlibrary.org](http://www.charlevoixlibrary.org). Use your current Charlevoix Public Library card to begin your music journey. The Freegal Music Service has free mobile apps for registered cardholders which are available in the Apple® App Store and Google Play®.

This service has been brought to Charlevoix on a one year trial basis. A free, one-year subscription was awarded to a staff member who attended the Public Library Association conference in Philadelphia last spring. The library may opt to purchase the service after the trial is over, depending on the usage of our patrons.

For more information about this or other services at the Charlevoix Public Library, visit them at [www.charlevoixlibrary.org](http://www.charlevoixlibrary.org) or call the information services desk at, 231.237.7340.

## Michigan Activity Passes available at the Charlevoix Public Library

The Michigan Activity Pass program is a partnership between Michigan's nearly 400 public libraries and 100+ arts and cultural organizations. The program is designed to enhance the learning experience for people of all ages through books and other library materials, and to provide reduced cost or complimentary access to arts and cultural organizations across the state of Michigan, from St. Joseph to Saline to Saginaw to Sault Ste. Marie to South Range, and all points in between. Valerie Meyerson, director at the Charlevoix Public Library states "the program offers people an opportunity to see attractions they might not otherwise partake in. The program connects people to information, which definitely fits into our mission."

"Public library patrons and our cultural partners were so pleased with the overwhelming reception afforded to the Michigan Activity Pass program during its first year, that renewal for a second year was a no-brainer," said Jim Flury, Technical Services Manager and Michigan Activity Pass administrator at The Library Network in Novi. "That so many of our cultural partners from the first year of the program decided to sign on for a second year, speaks to the success the program has enjoyed," Flury said. According to Melissa Davis, Keweenaw's Ice Museum director, "the program benefited us be-

cause the passes go out to almost 400 libraries across the state. We had people coming who drove all the way across the state just to visit the museum as a result."

Using TixKeeper software developed by Plymouth Rocket, on May 24, 2014 the "Michigan Activity Pass presented by The Library Network" will be available at all of Michigan's nearly 400 public libraries. Some of the over 100 participating cultural partners include the Gilmore Car Museum, the Michigan Science Center, the Detroit Institute of Arts, the Great Lakes Shipwreck Museum, and locally Castle Farms and the Charlevoix Historical Society.

How the Program Works  
Beginning May 24, library users with a valid library card from any one of Michigan's nearly 400 public libraries can print a pass, either from home or at the library, to one of the 100+ participating cultural institutions, visit [www.charlevoixlibrary.org](http://www.charlevoixlibrary.org) and click on the MAP logo. Some cultural partners offer complimentary or reduced price admission; others, discounts in their gift shop or other exclusive offers for MAP pass holders only. Each Michigan Activity Pass expires one week from the date it is printed.

For more information about the MAP program contact the library at 231.237.7340.

# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## Mushroom Festival competitive hunt winners



Scott Neering, at left, is the Boyne City Mushroom Festival Hunting Champion for the second year in a row. Neering, a resident of Tawas, picked 74 morels in the 90-minute hunt conducted in the Chandler Hill area as part of the 54th annual Mushroom Festival on May 17. Other award winners, from left, are: Randy Kratzer, first place men (26 morels); Cindy Kratzer, first place women (10); David Neering, second place men (13); Judy Latchaw, first place senior (1); Jenny Knopf, tie for third place women (6); Victoria Hahn, second place women (8); Randy Bricker, third place men (11); and Kristy Szczesny, tie for third place women (6). Not pictured is Valerie Bergman, second place senior (1). COURTESY PHOTO.

## Mushroom Festival scholarship winners



The Boyne City Mushroom Festival has awarded \$2,000 in scholarship checks to seven graduating high school seniors. Proceeds from festival events fund the scholarships that assist students who plan to go into culinary arts or a biology-related field. From left are the festival's mascot, Woody Pickme; Callie Berish of East Jordan High School, Kaycie Overmyer of Boyne City High School, Jill Solomon of Boyne City High School, Zachary Wandrie of Boyne City High School, and Zachary Hankins of Charlevoix High School. Not pictured are Emily Roloff of Charlevoix High School and Kendra Balch of Boyne City High School. Courtesy photo.

## Boating Safety 2014 Class Schedule

The Charlevoix county Sheriff's Office will be offering Boater's Safety classes on the following dates:

June 7, 2014, 9:00am-1:00pm  
Charlevoix Yacht Club

June 14, 2014, 9:00am-1:00pm  
Melrose Township Hall

NOTE: All classes are free of charge. Minimum age for class attendance is 10 years of age. It is recommended students eat prior to class or bring a small snack to class. Due to the short duration of the course, there will be no meal time. Students receiving a satisfactory test grade will receive their Michigan Boating Safety Certificate at the conclusion of

the course. Completion of this class is MANDATORY for individuals: (1) born after December 31, 1978 to operate a PWC (jet ski)

(2) and for anyone born on or after July 1, 1996 to operate a boat.

Please note that individuals must be at least 14 to operate a PWC (jet ski), 14 and 15 year olds must be within 100 feet of a parent, guardian or designee at least 21 years of age to operate a PWC (jet ski). Individuals must be at least 16 years old to operate a PWC by themselves. Individuals born after December 31, 1978 must have their Boater's Safety Certificate in their possession when operating a PWC (jet ski). Individuals born on or after July

1, 1996 must also have their Boater's Safety Certificate in their possession when operating a boat.

Individuals may also take the Boater's Safety class on-line at the Michigan DNR website (www.Boaterexam.com or www.Boated.com) at their convenience. There is a fee for the on-line class. Upon successful completion of the on-line class, individuals can print out their Michigan Boating Safety Certificate right at home.

For further questions call the Charlevoix County Sheriff's Office Marine Division at 231-547-4461, ext. 3499.

W.D. (Don) Schneider  
Sheriff

## LETTERS TO THE EDITOR

Letters may be submitted by e-mail to [office@CharlevoixCountyNews.com](mailto:office@CharlevoixCountyNews.com).

### THE VETERAN'S DILEMMA

To the editor:

Hard to understand for most people is the sketchily related animosity accorded military veterans by the military. After a soldier is mustered out of the service, for instance, he finds it impossible to get back in. Why, when he's already trained and experienced would the military not want him back?

The answer is political, psychological, militia-oriented and sociological. Military strategists know now that returning vets may harbor some resentment along with battle scars both physical and mental. The ethics or lack thereof of war often do not equate with fair play in any sense of the phrase. War is not a fair game; wars are fought to be won, period. Like any Special Agents, they're not there to mount a challenge; they're there to prevail at any cost. Though most soldiers return fairly intact mentally, some do not.

Militia-type groups have formed nationwide, most of benign character, bravado without the actual assaultive behavior, but some are borderline, some aggressive. Military advisors realize this and recently conduct investigations on returning vets for signs of unrest or overly militant acts. They have learned from actions such as Timothy McVeigh's assault on Oklahoma City that disgruntled ex-soldiers are capable of horren-

dous deeds. McVeigh acted subsequent to the Waco, Texas and Randy Weaver Ruby Ridge debacles. Realistically, when once one has seen how war really works coupled with homeland desecrations a new perception enters the consciousness, a cynical perspective that changes the very morality one is normally born and raised with. Orwellian linguistics run rampant in the military, more so than any other subgroup of organized endeavor. National politics naturally abet this tendency with phrases such as "enhanced interrogation", "collateral damage" and the like, words that don't mean what they say or don't say enough even though most everybody knows what they mean.

Disgraceful nationalistic political military acts perpetrated by soldiers under orders and in danger themselves create a psychological impasse that subverts rationale and social consciousness, effectively turning formerly rational people into criminals albeit criminals with a different purpose than economic levity. These persons want to get back at the people who subverted their sense of right and wrong. Thus the military minds monitor ex-soldiers who may seem even a little out of whack with normal behavior. The rest are simply ignored and refused further involvement because suspicion naturally arises as to intentions of any who would want more action after some time away from it. Soldiers

that re-up are acceptable whereas those who leave are now black-balled automatically. The military mindset creates animosity.

That's still difficult to assimilate for most people who don't realize fully what dirty wars are really like. Roadside IED bombings, wantonly murdered and mutilated children, grandmothers slaughtered in their gardens, all the horrendous acts of war can cause a man to undergo psychological damage as evidenced by the suicide rate of active troops and veterans. This is one of those anomalies that require cynicism to comprehend. This reduces human nature to the sub-animal level, the human beast that is capable of the utmost heinous and devious acts by those who may seek revenge, not unlike terrorists who seek to enact retribution for imperial conquests by colonizing nations meddling in foreign affairs, natural resources etc. We learned in grade school of such conquests but were never told of how and why it was perpetrated.

Some veterans act out this begrudged imbroglia with severity. They will murder, steal, organize, train, stockpile armaments, plot attacks on American facilities in any ways they might contrive. This the US government has learned and devises means of counteracting. The counterproductive anomaly is complete: wars abroad create wars at home.

Mitchell Jon MacKay, East Jordan

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If you would like to reach every household in Charlevoix or East Jordan, advertise in the new East Jordan & Gaylord Michigan MoneySavers

## Michigan MoneySaver

The Michigan MoneySaver is mailed once a month to every address in East Jordan and Gaylord. Lots of Coupons... Lots of Classified ads...Lots of great Sale ads. **Maybe best of all, Advertising rates are LOW!**

Contact Dave Baragrey  
Office@CharlevoixCountyNews.com  
989-732-8160



# Charlevoix County News

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**Publisher**  
**DAVE BARAGREY 1**  
Office@CharlevoixCountyNews.com

**Editor**  
**JIM AKANS**  
News@CharlevoixCountyNews.com

**Sports Reporters**  
**CHRIS FIEL**  
sports@charlevoixcountynews.com

**MIKE DUNN**  
Mike@WeeklyChoice.com

**ANDY SNEDDON**  
Andy@WeeklyChoice.com

**JEFF BARAGREY**  
Jeff@WeeklyChoice.com

**Website Administrator**  
**CHAD BARAGREY**  
webmaster@CharlevoixCountyNews.com

**Photography**  
**SCOTT RICHARDS**  
Scott@CharlevoixCountyNews.com

**CINDA SHUMAKER**

**RACHEL LANGE**

**M. CHRIS LEESE**

**News Reporters**  
**TINA SUNDELIS**  
tina@charlevoixcountynews.com

**JESSICA BOYCE**  
Jessica@WeeklyChoice.com

**KRYSTAL JOHNSON**  
krystalbirgy@gmail.com

**NORMA JEAN BABCOCK**  
NJ@CharlevoixCountyNews.com

**Advertising Sales**

**IN THE CHARLEVOIX AREA:**

**LISA SLADEK**  
Lisa@CharlevoixCountyNews.com  
231-350-8027

**IN THE PETOSKEY AREA:**

**CHARLES JARMAN**  
Charles@WeeklyChoice.com

**IN THE BOYNE CITY AREA:**

**DAMIEN LEIST**  
Damien@CharlevoixCountyNews.com  
Cell: 231-675-4818

**IN CHARLEVOIX & EMMET COUNTIES:**

**JEFF JOHNSON**  
jjohnson@WeeklyChoice.com  
231-838-9880

**Office**

**CATHY BARAGREY**  
CB@WeeklyChoice.com

E-Mail News Releases and Announcements to [Office@CharlevoixCountyNews.com](mailto:Office@CharlevoixCountyNews.com)

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# News Briefs

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## CHARLEVOIX

### Operation Petunia Update

Spring has finally arrived, which means that Keep Charlevoix Beautiful's Operation Petunia is quickly approaching! Due to an early Memorial Day and a late spring we are postponing planting day until Thursday, May 29th. Planting will begin at 5pm and will be followed with a picnic in East Park for all of our planting volunteers. This year we are once again going to plant the petunias in the road side beds like we have in the past. We are also adding an additional 55 hanging baskets in the downtown area. These baskets will be on the first block of Antrim, Mason, Clinton, and Park Streets, as well as the corresponding blocks of State Street. The basket expansion was made possible by a very generous donation from Mr. Todd Wyatt.

## EAST JORDAN

### Women's SlowPitch Softball sign up

It is time to sign up for women's softball. Cost is \$40 player. Start date is June 2nd. We play on Mon. Tues. & Thurs. nights. \$200 to sponsor a team. We are looking for both individuals and teams. To sign up contact Amy at 231-675-1925.

## BOYNE CITY

### Rubbish pickup

For residents living in the city of Boyne City, the city provides a rubbish pick-up twice a year for larger items that cannot be disposed of with your household trash; such as mattresses, furniture and light construction debris. Pickups will be made in the early morning of May 28 and June 4 and 11 for residents of Main Street and south, and May 29 and June 5 and 12 for areas north of Main. (Fall dates will be the first three weeks of September.)

## BOYNE CITY

### Mystery dinner postponed

"Murder, Mayhem, and Politics," the mystery dinner benefiting the Charlevoix Area Humane Society has been postponed to Friday, May 30 at 6:30 p.m. The dinner includes salad, choice of beef ribs, salmon, or vegetarian entrée, and a dessert. Cost for the evening is \$60 per person. For further information contact Jamie at (231) 675-8792 or Carla at the Humane Society (231) 582-6774.

## ELLSWORTH

### Graduation

Class of 2014 graduation ceremony. May 30, 6:30pm at high school.

## CHARLEVOIX

### Babysitter training

The American Red Cross Babysitters' Training course will be held at the Charlevoix Public Library 10am - 5pm, Saturday, May 31. This course is designed for kids aged 11 - 15 who would like to learn the appropriate skills to use in caring for younger children while parents and caregivers are away. The babysitters will learn age appropriate activities for playing with young children, how to change a diaper, as well as the business side of becoming a baby sitter. Children who complete the course will earn their certification card, as well as receive the Babysitting Training Handbook, Emergency Reference Guide and a CD-ROM with additional activities, games and a digital planner. Call the library today to register for this course as space is limited to 12 students, 231.237.7350. There is a \$72.50 fee for this course. For more information about this or other programs at the library, visit them at www.charlevoixlibrary.org.

## BOYNE CITY

### Easy Riders start June 2

Men and women interested in cycling for exercise

or fun will find Boyne City's Monday Bike Group, also known as Donna's Easy Riders, just the thing. The weekly rides focus on a short distance, (beginning with a 9-mile ride and increasing during the season to 20). We go at a comfortably slow pace on flat terrain, and with minimal traffic. Learning bicycle safety, courtesy and the "rules of the road" will be stressed. You must have a biking helmet and rear-view mirror. A snack stop is always included, and this is a great way to meet people while having fun. These rides are sponsored by the North Country Bicycle Club in the Boyne City area. Rides begin on Monday, June 2 at 9 a.m. sharp, departing from the Harborage Marina in Boyne City. Rides throughout the season will depart from the Marina and other area locations, including Little Traverse Wheelway, Bay Harbor, and Walloon Lake. For more information, contact Donna Moll at 231-582-7242 or 231-675-8656, or Chris Brown at 231-582-9337 or cmjbrown@live.com

## BOYNE CITY

### Local history

The Boyne Area Senior Center invites you to attend four special programs showing the History of Boyne City and the Boyne area. The two-hour programs will be presented at 9:30am and 7pm on June 3, 10, 17 and 24. For more information call Terri Powers at the Senior Center, 231-582-6682, or Presenter Ed May, 231-582-7266.

## BOYNE CITY

### Rough CleanTech display

On Wednesday, June 4th from 12pm-3pm transit agencies, businesses and residents in Northern Michigan can learn more about this technology from the Roush CleanTech's Executive Director of Transportation. The van that we will be utilizing for passenger trips for Smart Commute activities will be available for viewing on Wednesday afternoon from 12pm-3pm. Propane is only one of several alternatives to gas/diesel powered vehicles and we would like to encourage everyone to take this rare opportunity to learn about this technology right here in Northern Michigan. The Roush CleanTech will be available to answer questions and for those interested to truly get a feel for the technology! Please join us on Wednesday, June 4th from 12pm-3pm in Boyne City! RSVP is suggested but not mandatory; to RSVP contact Jill at info@cctransit.org or by calling 231-308-3748.

## BOYNE CITY

### Re/Max moves

Re/Max Resort Properties has moved to a new and remodeled office at 104 S. Lake St., across the street from their old location. Broker Gary Deters likes the high visibility location with handicap access and a view of the lake.

## CHARLEVOIX

### First Friday business breakfast

June 6, 7:30 - 8:30am at Friske Orchard & Farm Market, 10743 North US 31, Atwood. The Chamber will be awarding it's \$500 Scholarship to a very deserving CHS Senior at this breakfast

## EAST JORDAN

### Variety Show

The 2014 East Jordan Rotary Club Variety show is June 6 & 7. Tickets available from any Rotary club member.

## NORWOOD

### Old Fashioned Summer Celebration

Back to summer! Bring a dish to pass, your own table service, lawn chairs and blankets. Grilled hot dogs will be provided as well as lemonade and iced tea. Come meet new friends and

greet old-timers at this old fashioned summer celebration kickoff picnic-- 5:00 p.m. Saturday, June 7 at the Norwood Schoolhouse. We'll start eating at 5:30 p.m.

## CHARLEVOIX & WALLOON LAKE

### Boaters safety class

The Charlevoix County Sheriff's Dept will be offering boaters safety classes June 7, 9am - 1pm at the Charlevoix Yacht Club and June 14, 9am - 1pm at Melrose Township Hall. Classes are free of charge. Minimum age is 10 years old. Completion of the class is mandatory for individuals born after Dec. 31, 1978 to operate a PWC and born after July 1, 1996 to operate a boat.

## BOYNE CITY

### Mark Madness returns

Members of the Boyne City Yacht Club and Challenge Mountain of Walloon Hills are proud to announce their tenth annual "Mark Madness" Regatta and Tenth Birthday party to be held Saturday, June 7 at the Veteran's Memorial Park in Boyne City. The Mark Madness Regatta will take place both Saturday and Sunday, June 7 & 8. Tickets are available at www.boynecityyachtclub.com/markmadness.html. Contact Dave Malusi 989-217-1187.

## MICHIGAN

### FREE Fishing Weekend

June 7th & 8th. An annual tradition two days twice a year, families and friends can enjoy one of Michigan's premiere outdoor activities, Michigan Fishing, for FREE! All fishing license fees will be waived for two days. Residents and out-of-state visitors may enjoy fishing on both inland and Great Lakes' waters for all species of fish. All fishing regulations will still apply. Michigan offers some of the finest freshwater fishing in the world, with more than 3,000 miles of Great Lakes shoreline, more than 11,000 inland lakes and tens of thousands of miles of rivers and streams. Included are more than 12,000 miles of trout waters, for which approximately 1,000 miles are considered Michigan's finest. So grab a rod and your family and friends, and let's go fishing!

## BOYNE CITY

### Graduation celebration committee seeks donations

Boyne City's Graduation Celebration Committee, previously known as BACPAC, is busy making plans for the 27th annual All-Night Graduation Celebration. This year's party will celebrate the Boyne City High School graduating class of 2014 on Sunday, June 8, graduation night. The all-night graduation celebration provides a safe and drug-free opportunity for seniors immediately following the graduation ceremony. With help from businesses, churches, service organizations and residents, the parties have been extremely successful. All donations are welcomed and appreciated and can be mailed to the attention of Graduation Celebration Committee, BCHS, 1035 Boyne Avenue, Boyne City, MI 49712 with checks made payable to Boyne City High School. If your organization would prefer to donate a prize or gift card and would like a committee member to pick it up, contact Frank Minier at 231-675-6507.

## CHARLEVOIX

### Regional Business After Hours

Chamber members from five area chambers of commerce will come together for a major networking event at Castle Farms from 5:30 to 7:30 p.m. Wednesday, June 11. The regional Business After Hours will include chamber members from Boyne City, Charlevoix, East Jordan, Petoskey and Harbor Springs. Admission is \$10 with proceeds support-

ing Leadership Charlevoix County. There will be a cash bar, entertainment and complimentary hors d'oeuvres. Businesses that would like to promote themselves to the large crowd expected at this event can get a sponsor table for \$200. Call the host Charlevoix Chamber to make arrangements at 231-547-2101. Those attending can tour the Castle grounds and take horse-drawn carriage rides courtesy of Boyne Valley Equine Services.

## BOYNE CITY

### Stroll the Streets

Stroll the Streets will start Friday, June 13, from 6 to 9pm and continues with free music all over downtown Boyne City through Labor Day weekend. Next week's newsletter will have the Stroll weekly entertainment schedule. Evenings at the Gazebo concerts in Old City Park start June 25 and continue at 6:30 p.m. on Wednesdays through Aug. 13.

## CHARLEVOIX

### Little League Teams Up With Retired Major League Players

The Charlevoix Little League is teaming up with retired Major League Baseball players the weekend of June 14th and 15th. On Saturday the 14th there will be a clinic for boys and girls ages 8-14 to learn fundamentals from former Major League ball players at the Shanahan Sports Complex. Sign in will be at 9am. The clinic will be from 10am-1pm. After the clinic, there will be a cook out and the players will be available to sign autographs for participants in the clinic. Saturday evening there will be a reception/fundraiser and auction at the Weathervane Restaurant from 6pm-9pm. Sunday the 15th will be a golf outing/fundraiser tee time 9am.

## NORWOOD

### Summar: Norwood's Booming Sawmill

A lakeshore lumber mill was the economic center of the village of Norwood from its founding following the Civil War, until the first decade of the 20th century. Local resident, Nancy Cleland, will report on the current research by Nancy Ritsema, author of Norwood: A Legacy of North Woods Living, concerning the history of the Norwood sawmill and its founders. Wednesday, June 18 at 7:30 p.m. at the Norwood Schoolhouse. Free for members, \$5 for non-members.

## PETOSKEY

### Free skin cancer screening

Dermatology Associates of Northern Michigan will host the screening June 18 from 4-5:30 p.m. at 4170 Cedar Bluff Drive. This is a rapid screening to visually inspect your skin. If indicated, you may need to see your physician for a complete skin care examination. Individuals who have not had a screening of an area of concern on the skin during the last two years are eligible for this skin cancer screening. Those people who are currently being treated by a dermatologist are not eligible to participate in the screening. There is no charge for the screening, but pre-registration is required. Please arrive 15 minutes before the scheduled appointment time to complete the necessary paperwork. No treatment will be administered at the screening. To register, call McLaren Northern Michigan at (800) 248-6777. No walk-ins please.

## PETOSKEY, CHARLEVOIX

### Business start up classes

Northern Lakes Economic Alliance and SCORE team up to provide a series of business start-up courses that can assist you in evaluating the potential of your idea and learn the process of putting a business plan together. "How to Really

Start Your Own Business: Practical information from those who have done it" covers ways to start a business, business legal structure, permits and licensing, marketing and more. Future classes are May 15 at North Central Michigan College in Petoskey and June 19 in Charlevoix. The fee is \$20 per business, and reservations can be made by calling (231) 582-6482 or emailing tammi@northernlakes.net.

## CHARLEVOIX

### Fine Art Juried Photography Exhibition

Announcing the 2014 Annual Fine Art Juried Photography Exhibition to be on display at the Charlevoix Circle of Arts in downtown Charlevoix June 19 - July 27. The theme is "Michigan: Places, Spaces, People and Things". Artists should submit images that show what is special to them as they look about our "pleasant peninsula". For more information, please find the complete Call for Artists and the required entry form: www.charlevoixcircle.org/events--exhibits.html

## BOYNE CITY

### Tribute concert

Enjoy the music of the Bee Gees, Neil Diamond and Tom Jones by tribute performers at the Boyne City Performing Arts Center June 21 at 8pm. Tickets at www.poundstone.net or stop by Boyne City Ace Hardware.

## CHARLEVOIX

### Day of Action Volunteer Fair

Char-Em United Way 2014 Day of Action Volunteer Fair is planned for Saturday, June 21st from 10am to 2pm at the Community Reformed Church in Charlevoix. There is no table charge or admission fee for this event. This is an opportunity for organizations to share their mission and recruit community volunteers. Please contact Lisa at 231.487.1006 if you are interested in having space at the fair. Deadline for registration is May 30th.

## BOYNE CITY

### Evenings at the Gazebo

Summer Wednesday evenings, 6:30 p.m. Free concerts in Old City Park, at the corner of Park and River Streets. The Evenings at the Gazebo free concert series is brought to you by the Boyne Area Chamber of Commerce, our generous sponsors and in-park donations made on the night of each performance. Bring your lawn chairs or blankets, a picnic basket and maybe a bottle of wine. No pets, please. In case of rain, concerts will be held at an alternate location - check this website or call the chamber at 231-582-6222 for details.

This year's performers:  
June 25 - Up North Vocal Institute  
July 2 - Apple Seed Collective  
July 9 - Moors and McCumber  
July 16 - The Plumville Project  
July 23 - The 126 Army Band  
July 30 - The Hand Me Downs  
Aug. 6 - Trombones Plus  
Aug. 13 - Billy Strings and Don Julin

## BOYNE CITY

### SOBO Arts Festival

2014 SOBO Art Festival held on Saturday, June 28 at Peninsula Beach Park. Arts collective artists will occupy two booths at SOBO to display juried fine local art. This third annual Art Festival is open to the public and includes music, children's activities, art demonstrations, and food with free admission and parking. Visit www.soboartfestival.com

## BOYNE CITY

### Senior dinner

The Boyne Area Senior Center is now hosting Wednesday night dinners (instead of Wednesday lunches) Suggested donation is \$3.

## EAST JORDAN

### Senior dinner

The East Jordan Community Center is now serving Dinner every Wednesday. Dinner and entertainment - Entertainment begins at 4PM and dinner is served at 5PM. Lunch will not be served on Wednesday throughout the summer.

## CHARLEVOIX

### Senior dinner

The Charlevoix Area Senior Center is now hosting Wednesday night dinners (instead of Wednesday lunches).

## CHARLEVOIX

### Farmers Market

Held every Thursday in East Park on Bridge Street, downtown from 9am - 1pm. Free 20-minute parking along Bridge Street for market shoppers!

## BOYNE CITY

### Farmers market

Every Wednesday and Saturday at Veterans Park, 8am - Noon.

## EAST JORDAN

### Farmers market

Every Thursday at Sportsmans Park, 9am - 1pm

## BOYNE CITY

### Grief support group

Survivors of Suicide [SOS] is a grief support group for support and understanding after the loss of a loved one or friend. Meetings are held at the Boyne Area Senior center conference room, 411 East Division St., Boyne City, on the first Wednesday of the month from 6:30-8 p.m. For more information call Hospice of Little Traverse Bay 231-487-4825.

## NORWOOD

### Summar: What Really Happened to that B-52

Petoskey historian, Rick Wiles, will present details on the crash of a US Air Force B-52 bomber into Lake Michigan near Charlevoix on a frigid winter night in 1971. Wednesday, July 16, at 7:30 p.m. at the Norwood Schoolhouse. Free for members, \$5 for non-members.

## WALLOON LAKE

### Kayak for a cause

Kayaking enthusiasts are invited to participate in the 6th annual Kayak for a Cause on Walloon Lake, a fundraising event for the Camp Daggett Adventure Center, Saturday, July 19 and Sunday July 20 from 9:30am until 4pm each day. Beginners and advanced adult kayakers will paddle the 30 miles along the beautiful Walloon Lake shoreline and raise much needed dollars for scholarships for children to attend Camp Daggett Adventure Center programs. There is a one-day and two-day option.

## BOYNE CITY

### Paula Poundstone in concert

Paula Poundstone returns to the Boyne City Performing Arts Center for a night of laughter August 8 at 8pm. Purchase tickets at www.poundstone.net or at Boyne City Ace Hardware. Call 231-582-6532. Proceeds benefit the Boyne Country Community Center.

## NORWOOD

### Summar: Shale, Kettles and Concretions

University of Wyoming geology professor, Jim McClurg, will satisfy the curiosities of many up-north residents and closet geologists with an illustrated program on Norwood's shale deposits, their kettles and concretions on the lakeshore south of the village of Norwood. Wednesday, August 20, at 7:30 p.m. at the Norwood Schoolhouse. Free for members, \$5 for non-members.

# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## Students of the Week Boyne City

### Derek Charbonneau



**GRADE:** 12  
**PARENTS:** Gale and Deb Charbonneau  
**HOBBIES & INTERESTS:** "Like to hang with friends and family; plus like to walk and or drive and ride my bike."  
**SCHOOL ACTIVITIES:** "I have been in building trades for 2 years; participated in build the garage project."  
**FUTURE PLANS:** "Graduate from high school. Continue to work at Walloon Lake Inn and someday move into my own house."

#### STAFF COMMENTS

"Derek is an extremely conscientious student. He is always willing to help anyone out as a media center aide. We will miss you Derek!" – Cindi Place, Media Center Specialist

"Derek is a hard-working, dedicated team player! He always has a smile on his face, is willing to do whatever is asked of him and is ready for any challenge! Thank you for all you do Derek!" – Michele Deming, Social Studies Teacher

"Derek is wonderful student and I have enjoyed having him in my classroom. I will always remember how Derek loved to help people out. If something needed to be done in the classroom Derek was always there to lend a hand. Derek you are a kind person and I wish you the best with your future goals." – Pam Crouch, Living Skills Teacher

## Boyne Falls Aubrie Sparks

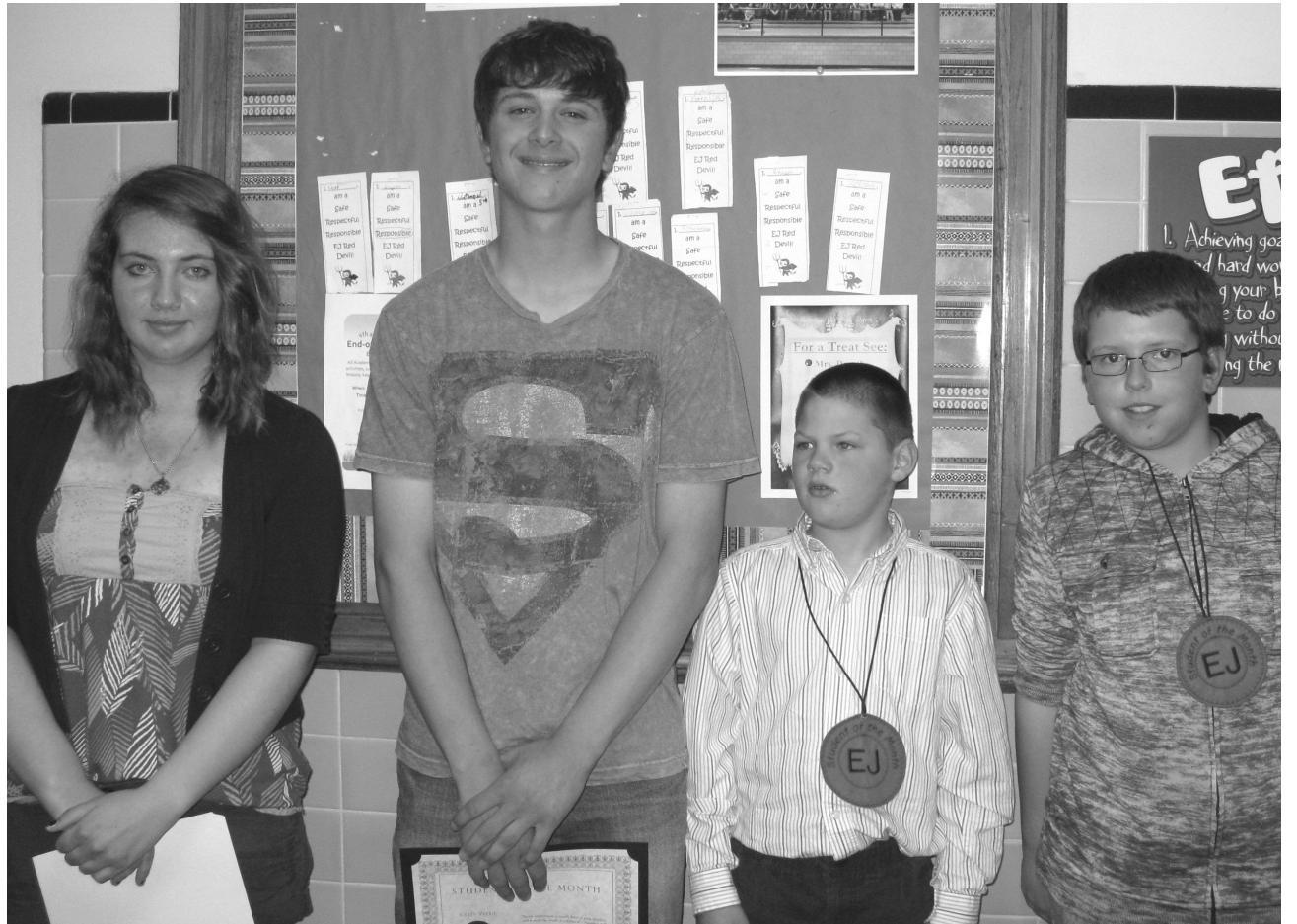


**GRADE:** 5  
**PARENTS:** Steve and Lynn Sparks  
**HOBBIES & INTERESTS:** Swimming and reading  
**SCHOOL ACTIVITIES:** Basketball and softball  
**WHAT DO YOU WANT TO BE WHEN YOU GROW UP?:** A Dentist  
**FAVORITE BOOK:** King Solomon Mines

#### STAFF COMMENTS

"Aubrie has been in my classes for six years and has always been a great pleasure. She is attentive, kind, always smiling and has a great work ethic. It is an honor to recommend her as student of the week. Congratulations Aubrie!" - Heidi Held

## Students of the Month East Jordan Public Schools



Pictured (left to right) Rayne Speer, Colin Petrie, Colton Theile and Josh Nise

### Rayne Speer

Mrs. Noiro: Rayne is a very powerful, young lady and an influential leader. She is a breath of fresh air in the classroom. Not only is she a talented writer and excellent science student, Rayne is an example of a strong individual who is not afraid to do the right thing and stand up for herself and others. The most beautiful thing about Rayne is the way we have seen her come into her own as a mature, young woman. The Rayne of sixth grade is so very different from the Rayne we see today. You are awesome!

### Colin Petrie

Colin is the perfect example of what all students should strive to be like. He works hard in the classroom and in athletics and it shows with all of his accomplishments.

When he misses class for sporting events he always figures out a way to get caught up. He is a respectful young man that is always on his best behavior even when his closest peers try to sway him. You can always count on Colin to have a friendly smile on his face. Continue "shooting" for your dreams, Colin!

### Colton Theile

Colton Theile is a 4th grade student at East Jordan Elementary. Colton demonstrates all of the characteristics that make him a great choice for student of the month. He is a constant joy to be around and is determined to help the people around him. Colton would be willing to do anything for another individual in need. He is not afraid to make mistakes and take a chance in his learning. He

also demonstrates empathy towards his classmates and is able to make friends very easily. Colton is truly a one of a kind individual who has and will continue to touch the lives of many.

### Josh Nise

Josh Nise is an elite student. He strives for BEST in everything he does. He is always safe, respectful and responsible. Academically and socially he excels. Academically Josh works very hard to get work accomplished, and also to truly understand what he is learning. He goes above and beyond always completing assignments with care to produce quality work. Even though Josh is a quiet young man, he is a leader in the fact that his peers look up to him. Josh is kind, caring and many call him FRIEND.

## BOYNE CITY POLICE DEPT.

### Monday, May 12, 2014

12:05am Citizen assist at Park and Pine Streets  
 4:44am Report of suspicious subject in the 100 block of E Water St  
 8:40am Juvenile complaint in the 800 block of E Main St  
 9:22am Report of larceny in the 300 block of E division St  
 11:20am CSC reported in the on W Court St  
 2:50pm Suspicious vehicle in the 1000 block of E Main St  
 2:45pm Threats complaint received from the 1000 block of Boyne Av  
 4:02pm Citation issued for failing to stop before entering the roadway on Airview Dr  
 6:38pm Vehicle unlock in the 300 block of N Lake St  
 9:00pm Road hazard in the 1100 block of Second St

### Tuesday, May 13, 2014

8:47am Gasoline drive off from the 1300 block of Boyne Av  
 10:18am Report of harassing text messages  
 11:43am Assist Sheriff Dept in the 1200 block of Call St  
 12:50pm Assist Sheriff Dept in Boyne Falls  
 5:26pm Assist to Charlevoix PD in the 300 block of W Division St

8:26pm Suspicious activity in the 600 block of Lewis Av  
 10:42pm Suspicious activity in the 400 block of Poplar

### Wednesday, May 14, 2014

1:59am Suspicious activity in the 700 block of E Main St  
 6:52pm Assist EMS in the 300 block of E Division St

### Thursday, May 15, 2014

12:19am Disturbance in the 300 block of S Park St  
 2:13am Assist EMS in the 900 block of Robinson St  
 6:04am Assist Sheriff Dept with arrest in Boyne Falls  
 8:45am Assist citizen at River and Lake  
 9:35am Phone scam reported on Jefferson St  
 10:45am Larceny reported at Park and Pine  
 5:31pm Gasoline drive off from the 200 block of S Lake St  
 8:45pm Assist EMS in the 600 block of Grant St  
 10:55pm Assist EMS in the 1400 block of Pleasant

### Friday, May 16, 2014

12:04pm Complaint about peddlers near the Mushroom Festival  
 1:12pm Disturbance between vendors at the Mushroom Festival  
 5:48pm Vehicle unlock in the 100 block of Boyne Av  
 8:59pm Citation issued for expired registration at Pleasant

and Ann  
 10:01pm Citation issued for expired registration and no proof of insurance at Pleasant and Ann Streets  
 10:18pm Citation issued for no proof of insurance at Pleasant and Ann St  
 10:22pm Lodged stray dog at shelter  
 10:54pm Noise complaint from the 500 block of N Lake St

### Saturday, May 17, 2014

2:09am Intoxicated female in the 200 block of E Water St  
 7:01am Citation issued for no proof of insurance at Pleasant and Trent Streets  
 7:23am Citation issued for disregarding red light at Water and Lake Streets  
 11:42am Vehicle unlock in the 400 block of N Lake St.  
 11:56am Driving complaint downtown  
 12:06pm Complaint about road construction on Pleasant  
 12:27pm Report of vehicle driving through road construction while crews were working  
 12:39pm Private property hit and run in the 1100 block of Boyne Av  
 12:42pm Vehicle unlock in the 200 block of N Lake St  
 1:22pm Vehicle unlock at Avalanche Mountain  
 1:30pm Dog bite reported in the 300 block of Harris St  
 3:34pm Found property

turned into PD  
 3:50pm 2 dogs running at large on Lake St  
 6:15pm Animal complaint in Veteran's Park  
 10:05pm Report of lost Ipad  
 9:53pm Report of subjects camping in Rotary Park  
 10:19pm Assist Sheriff Dept on Hull St  
 10:31pm 2 citations issued to vehicles parked in front of Fire Hall

### Sunday, May 18, 2014

6:26am Intoxicated subject in the 400 block of N Lake St  
 10:29am Gasoline drive of from the 1300 block of Boyne Av  
 2:10pm Found ID turned into PD  
 2:14pm Found sunglasses turned into PD  
 4:49pm Dumping complaint at North Boyne  
 6:00pm Harassment complaint coming from the 200 block of S Lake St  
 6:10pm Lost iphone in the 200 block of S Lake St  
 7:49pm Property damage accident at Lake and State St  
 8:54pm Report of fireworks near the 500 block of Front St  
 9:46pm Report of stolen gas can in the 200 block of E Morgan  
 10:32pm Citation issued for no tail lights at State and Call Streets  
 11:10pm Alarm in the 400 block of State St

## CHX. COUNTY SHERIFFS DEPT.

### May 12-18, 2014

911 Hang Up Call .....3  
 Abuse .....0  
 Alarm .....3  
 Animal Complaint .....24  
 Annoyance .....2  
 Assault .....0  
 Assist Citizen .....1  
 Assist Motorist .....1  
 Assist Other Agency .....2  
 Attempt to Locate .....4  
 Attempted Suicide .....0  
 Breaking & Entering .....1  
 Car/Deer Accident .....3  
 Citations Issued .....26  
 Civil Complaint .....3  
 Criminal Sexual Conduct .....1  
 Death .....0  
 Disorderly Person .....0  
 Disturbance .....0  
 DNR Complaint .....0  
 Domestic Dispute .....3  
 Driving Complaint .....4  
 Found Property .....0  
 Fraud .....2  
 Health & Safety .....0  
 Hit & Run .....0  
 Intoxicated Person .....0  
 Juvenile .....1  
 Larceny .....1  
 Lockout .....1  
 Lost Property .....0  
 Mental Subject .....2  
 Minor In Possession .....1

Miscellaneous Criminal .....3  
 Missing Person .....0  
 Noise Complaint .....3  
 Operating Under the Influence ...0  
 Paper Service .....18  
 Parking Violation .....0  
 Personal Injury Accident .....0  
 Personal Protection Order .....0  
 Private Property Accident .....0  
 Property Check .....38  
 Property Damage Accident ...4  
 Prowler .....0  
 Road Hazard .....2  
 Stalking .....0  
 Suspicious Situation .....6  
 Threat .....1  
 Traffic Stop .....52  
 Trespassing .....1  
 Unknown Accident .....1  
 Unlawful Driving Away of Automobile .....0  
 Vehicle in the Ditch .....0  
 Violation of Controlled Substance Act .....2

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# News

## ATV clubs planning Trek the Mighty Mac in 2015

By Jessica Boyce

A few of the local ATV Clubs in Michigan are working together to organize an ATV/ORV trail ride from St. Helen to Sault Ste. Marie. The ride itself won't take place until 2015, but they are in the planning process right now and are calling the event Trek the Mighty Mac.

John Chad of Happi-Trails ATV Club, Mike Maves of Mud Brothers of the North ATV Club, and Jim Lyttle of St. Helen Power Sports and St. Helen Dirt Packers are working together along with the St. Ignace Chamber of Commerce and the St. Ignace Visitor's Bureau to make this happen. Governor Rick Snyder said himself that Michigan has the potential to become a great trail state and these ATV guys agree. They want to make this event something to rival the Hatfield-McCoy Trails in West Virginia and to give people another reason to come to Michigan.

This ride would start on trails in St. Helen and then proceed all the way to Mackinaw City. Riders would have the choice to stay in Mackinaw City for the night or there would be transportation available across the bridge so they could stay in St. Ignace. The ATV Parade across the Mackinac Bridge and through St. Ignace would take place the following day and then riders would have the opportunity to stay in St. Ignace for the rest of the weekend and then continue their ride to Sault Ste. Marie.

Right now, the event is expected to take place in October of 2015, but the ATV clubs are still working out the details. If you are interested in being a part of the planning process or joining the event, or would like to be a sponsor for the ATV ride, you can contact John Chad at



In 2015, ATV and ORV riders will have the opportunity to go on a trail ride from St. Helen to Sault Ste. Marie where they will parade across the Mackinac Bridge and through St. Ignace.



trekmightymac@gmail.com. For more information on the ATV clubs you can visit their websites: happi-trailsatvclub.com, mud-brothersatvclub.com, and dirt-packers.org.

Trek the Mighty Mac is a huge

step towards making Michigan a great trail state, so if you support this idea and love ATVs then get involved in this rare opportunity to ride your ATV/ORV across the mighty Mackinac Bridge.

## Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



### DEEPER SLEEP, WITHOUT DRUGS

MICHAEL ROIZEN, M.D., AND MEHMET OZ, M.D.

Skimping on shut-eye isn't North America's only sleep crisis. Many people turn in on time yet miss out on deep, refreshing slumber, and that's one reason why 61 percent of women and 45 percent of men wake up feeling tired at least some of the time. Unfortunately, that lack of deep sleep leads to health issues that you worry about, that keep you up at night, that ... well, you see the problem.

Sleep issues boost your blood sugar into an unhealthy range, says a new study of around 15,000 people from China's Xuzhou Center for Disease Control and Prevention. And Swedish docs found that poor sleep increases your risk for heart attacks and other cardiovascular events by 30 percent to 40 percent. Poor sleep also is a top cause of pain in people over 50. And for those with heart failure (more than five million North Americans), poor Z's doubles the risk for ending up in the hospital. No wonder an article in the highly respected medical journal *The Lancet* recently urged docs to write "better sleep" prescriptions! We think that's a great idea!

So here's our four-step Rx for sweet dreams. It's based on Cognitive Behavior Therapy for Insomnia (CBT-I for short), shown in studies to help 86 percent of people with insomnia fall asleep faster, wake up less often during the night, sleep longer and feel great in the morning. It works better than sleeping pills, and the benefits last longer. Many people who've tried it are still sleeping like babies two years later. Wow! Here's how to get started:

**Step 1: Rate your sleep.** It's easy to tell if you're getting enough sleep. Do you regularly total less than seven to eight hours? You probably need more. Assessing sleep quality takes more sleuthing. "You may be aware that you're waking up a lot at night," says Cleveland Clinic sleep disorders specialist Michelle Drerup, Psy.D. "Or, you may feel really tired no matter how much sleep you get." Those indicate poor sleep quality.

**Step 2: Rule out medical causes for sleep problems.** Ask your doctor if any medications you take, or health conditions you have, could be affecting your sleep. If your partner tells you that you snore loudly and toss and turn at night, or seem to stop breathing during sleep, and you wake up extremely fatigued every morning or are excessively sleepy during the day, ask for an evaluation.

**Step 3: Prime your mind and body to wind down.** Skip caffeine within six hours of bedtime (longer if you're sensitive). Create a relaxing pre-sleep routine: Skip TV and take a shower or warm bath, followed by a few stretches and some light reading (or intimate fun with your partner). Reserve your boudoir for sleep and between-the-sheets playtime. Don't pay bills in bed, catch up on news via your smartphone or work on your laptop. "It all sounds simple, but it can be part of a plan to help even chronic cases of insomnia," Dr. Drerup says. "And that can have big health benefits."

**Step 4: Get up when you can't sleep.** "Don't stay in bed," Dr. Drerup says. "Your brain will begin linking it with feelings of frustration and sleeplessness. A key component of CBT-I is staying out of bed when you can't sleep. Go into another room, turn on a low light and read something that's not too exciting for a while, then try going to bed again." Over time, this retrains your brain so that sliding between the covers cues falling asleep.

"You can try this yourself, but it's good to have some guidance and support from an online program or behavioral sleep medicine specialist." A University of Manitoba study found that 81 percent of folks who went through a five-week sleep improvement training program said they were sleeping better. And you can find a trained sleep therapist to work with by going to the website of the Society of Behavioral Sleep Medicine at [www.behavioralsleep.org](http://www.behavioralsleep.org). Sweet dreams!

\*\*\*  
(c) 2014 Michael Roizen, M.D. and Mehmet Oz, M.D.

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## Mark Madness Regatta and 10th Birthday Party returns June 7th

Members of the Boyne City Yacht Club and Challenge Mountain of Walloon Hills are proud to announce their tenth annual "Mark Madness" Regatta and Tenth Birthday party to be held Saturday, June 7 at the Veteran's Memorial Park in Boyne City.

The Mark Madness Regatta will take place both Saturday and Sunday, June 7 & 8.

What is a Regatta without a party? When sailors consider effort to attend a Regatta, the question always arises.....Is the party any good? The answer is an emphatic YES! Our nine prior Mark Madness events have been a highlight of the Club calendar each year. The Boyne City Yacht Club's hospitality is second to none! Saturday's festivities start on Lake Charlevoix with "The Mark Madness Regatta" (the first race of the Quantum Freshwater Cup). Many Mark Madness party attendees arrive early to watch sailboats spar nearby. As the boats enter the harbor, any sailor knows the party be-

gins (on or off the boat). "Battle" stories are exchanged, congratulations given, and unwanted advice is offered all in good fun.

Adam Hubble, BCYC Vice Commodore, is excited to announce a special added attraction this year "You can now watch the races while cruising on the Keweenaw Star, leaving Sommerset Point at noon. What a great way to engage the non-sailors and spend a summer afternoon!" The cost is \$15pp and tickets are available at [www.boynecityyachtclub.com/markmadness.html](http://www.boynecityyachtclub.com/markmadness.html)

The Party takes place at Veterans Memorial Park downtown Boyne City 6 p.m., Saturday, June 7.

You'll be served up a fine dinner featuring, Pork Shanks and Chicken Gumbo, prepared to perfection by local Chef Nathan Bates. To accompany your meal you'll enjoy local beer from Bell's Brewery and local wine provided by Mackinaw Trail Winery.

The cost is \$25 per person in-

cluding dinner, 2 drink tickets and entertainment

Challenge Mountain, a non-profit 501(c)3 organization, is dedicated to enriching and improving lives for the mentally and physically challenged through outdoor recreation. The event is a fundraiser for Challenge Mountain's summer water sports program. The funds raised at the event have helped in the development of the CM20 adaptive sailboat, purchase a Boston Whaler and a fleet of kayaks.

Linda Armstrong, Challenge Mountain Program Director, remarked: "We are delighted to be celebrating the 10th Birthday of Mark Madness. Not only for the fundraising, but for the great time we have had at the event."

Tickets are available at [www.boynecityyachtclub.com/markmadness.html](http://www.boynecityyachtclub.com/markmadness.html). Contact Dave Malusi 989-217-1187.

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# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## Non Profits encouraged to participate in Volunteer Fair

A group of Northern Michigan non-profit organizations will gather on Saturday, June 21, from 10:00 a.m. to 2:00 p.m. for the "Day of Action Volunteer Fair" to be held at Community Reformed Church in Charlevoix (U.S. 31 North at Meech St.). The event is sponsored by Char-Em United Way, Northwest Michigan Habitat for Humanity, and the Retired and Senior Volunteer Program (RSVP) of Charlevoix and Emmet Counties (a program of Friendship Centers of Emmet County).

Come and celebrate Day of Action (the longest day of the year) by informing potential volunteers about how they can make a difference doing something they enjoy, while helping others in the process. The volunteer organizations at the fair will showcase their efforts and recruit volunteers who wish to use their talents to help others. "The agencies and organizations that will be involved on June 21 all could benefit greatly from volunteers willing to share their passion and skills with the community," said Lisa Luebke, program as-

sistant for United Way. "We hope to offer an easy way for folks to meet agency representatives and learn how they can serve. We'd like to set up potential volunteers in a type of 'speed dating' situation, where they can check out these organizations and the opportunities they offer, and find a good fit."

The Fair will feature organizations which represent volunteer opportunities for all ages. Organizations that will have a booth at the Volunteer Fair include Northern Homes Community Development Corporation, Angel Ambassadors, Department of Human Services, and Charlevoix Community Pool. The purchase of snacks and lunch items at the event will benefit the youth programs of Community Reformed Church.

There is no cost for organizations to participate, but registration is required. Organizations are encouraged to register for the event by May 30 by contacting Lisa at Char-Em United Way: or 231-487-1006.

To learn more about this year's Day of Action Volunteer Fair, please visit

## Tickets on sale for luncheon, fashion show and boutique of wearable art event

EAST JORDAN - The Jordan River Arts Council, sponsor of Meraki, a fiber arts exhibit with special events, presents "Dressed in Art: Clothing for the Soul: A Fashion Show and Boutique," scheduled for August 20th will be the first of several opportunities to experience the beauty of handmade textile applications. It will feature vintage, international and contemporary garments created by artists from China, Japan, India, Afghanistan, New York, California, North Carolina and Michigan, combined with a luncheon at Tapawingo, catered by "A Matter of Taste." Only 120 people can be accom-

modated. Ticket Price: \$30. Tickets will go on sale June 1 on JRAC's website www.jordanriverarts.com. Order early.

"We are thrilled with the caliber and depth of invited artists whose design and technical skills will make this a spectacular event for everyone involved," stated Sylvia Walworth, Chairperson of the Jordan River Arts Council Rare Threads Committee. It will showcase Haute Couture; Young Designers; Costumes; Millinery sold in Australia and England; Hand Woven, Embroidered, Silk and Knitted Garments along with unique creations using recycled fabrics. Some creations

will be for sale in the boutique.

One of our guests will be Marcia Curran, wife of a United States Foreign Service Officer who served in Kabul, Afghanistan among other locations through the world. Marcia will be modeling her Afghanistan coat, a similar version of which is in the collection of the Textile Museum of Washington D.C. and has been exhibited there.

Don't miss this opportunity to join with others who prize clothing made from the essence of the human heart and celebrate the amazing work of artists whose creativity has been applied to beautiful garments.

## Opera overtures and choruses performance

Introducing the new Music Director, Dr. Libor Ondras, the Great Lakes Chamber Orchestra will present "Opera Overtures and Choruses" at the John M. Hall Auditorium on Sunday, June 8, at 4 p.m. While opera may seem intimidating to many, we all have been enjoying the music because much of it has been used in movies, commercials and popular songs.

The program opens with Rossini's well-known Overture to William Tell, an outstanding example of French Grand Opera. Those of us old enough to remember "The Lone Ranger" on the radio will ride on with excitement to wonderful memories. The chorus, prepared by Chorus Master, Peter Sims, will follow the overture with the opening chorus from the same opera, hailing the new day in song.

The Italian composer, Gaetano Donizetti set Sir Walter Scott's historical romance, The Bride of Lammermoor, to music in 1835. The Wedding Chorus is sung immediately before Lucia, now mad, descends the stairs with a torrent of runs and vocal display, having just killed her new husband. Nineteenth century opera ignored the long tradition of happy endings, and focused on dramatic, but tragic endings. Tchaikovsky's opera, Eugene Onegin, has the lyrical, graceful melodies that we associate with his work. The Waltz

Scene, accompanied by the choir, introduces the hero, Onegin, who in a jealous rage, challenges and kills his best friend in a duel.

While Grand Opera continued in France, the public became entranced with "light" opera, called operetta. The English pair, W. S. Gilbert and Sir Arthur Sullivan, introduced their operettas in 1875, combining witty text with charming and dazzling music. Gilbert's poetry and satiric voice was perfectly matched with Sullivan's lyrical melodies. The Mikado, staged in 1885, provided an excellent opportunity for Gilbert to ridicule the British government under the cover of an oriental town called "Titipu."

The Polovtsian Dances, from Alexander Borodin's opera, Prince Igor, will immediately be recognized as the source for the popular song, Stranger in Paradise. The wonderfully soaring melody frames multiple energetic dance scenes. The chorus ends the opera with great outbursts exclaiming the "Mighty Khan."

For anyone who might have been intimidated, the Overtures and Choruses in the concert by the Great Lakes Chamber Orchestra and Chorus should make them true believers in the magnificence of opera.

The audience will have two wonderful opportunities to meet the new con-

ductor. Prior to the program, beginning at 3pm in Evelyn Hall, Dr. Ondras will offer the audience a discussion about the music that will be performed. After the concert, a reception will be held next door, in Evelyn Hall to give attendees the opportunity to mingle with Dr. Ondras, Mr. Sims and the musicians.

A social event begins the afternoon's activities. Starting at 2:45 pm, the Bay View Association will host an ice cream social and visit the non-profit organizations from The Northern Michigan Cultural Alliance in the grassy area by the auditorium. Admission to the ice cream social, the pre-concert lecture, and the post-concert reception is free to all concert attendees.

Tickets cost \$20 for general admission, and \$35 and \$50 for your choice of reserved seating. All tickets may be purchased online at glorchestra.org and MyNorthTickets.com, or at the orchestra office: 231-487-0010. General admission tickets are available at Chambers of Commerce: Boyne City, Charlevoix, East Jordan, Harbor Springs and Petoskey. Students/youths who are 18 and under, military personnel and people with disabilities registered with VSA Arts of Michigan are admitted free of charge.

## Great resale finds at Boyne Valley Resale Store and sales proceeds benefit the Boyne Valley Food Pantry



The Boyne Valley Resale Store in Boyne Falls not only offers shoppers some amazing bargains on quality resale items, proceeds from the sales of those items are utilized to benefit the Boyne Valley Food Pantry, which happens to share the same building. PHOTO BY MARTI VONDRA

By Jim Akans

The Boyne Valley Resale Store in Boyne Falls not only offers shoppers some amazing bargains on quality resale items, proceeds from the sales of those items are utilized to benefit the Boyne Valley Food Pantry, which happens to share the same building.

Originally founded as Peg's Closet in April of 2010 by Peggy Vondra and her mother, Marti, Boyne Valley Resale Store operates solely with a volunteer staff, and the wide variety of items offered in the approximately 1,000 square foot shop is donated by individuals and organizations in the Boyne Falls and surrounding area.

Shoppers will find a huge variety of items including knick-knacks, furniture, dishes and plenty of clothing for men, women and children.

Clothing items that are not sold are either shipped overseas or sent to recycling facilities where they find new life in products such as rugs or even building insulation.

Customers enjoy shopping at the store and regularly tell the volunteers that they appreciate that the clothing prices are inexpensive (clothing items are available starting at just \$2 per item). Though the pricing is very reasonable, the items that sold at the store are all in good condition and ready to be re-utilized.

Boyne Valley Resale Store and Food Pantry is located at 3031 Main Street in Boyne Falls, at the corner of Main Street and Center. Hours of operation are Wednesday from 11 am to 3 pm, Thursday and Friday from 10 am to 4 pm, and Saturdays from 10 to 2 pm. The store can be reached at 231-549-2230

## Antique Appraisal Day in Petoskey

By Jessica Boyce

Sunday, June 1st there will be an Antique Appraisal Day taking place in Petoskey. The event is sponsored by the Friends of the Petoskey Public Library and all money raised from the event will go towards future library programs. From 12:00 pm - 5:00 pm on the 1st, you can take up to three antiques to the Carnegie Building in Downtown Petoskey to have them appraised.

Local antiques expert Joseph McGee will be at the event to appraise your items. He is the owner of Joseph's World Art & Antiques and also offers antique appraising services at his store. Joseph's World also has an art center, art gallery, antique store, art dealer, art appraiser, finest art, finest antiques, and is a CAGA art dealer. You can visit his website at josephsworld.net to see his regular business hours and contact information.

At the event at the Carnegie Building, your three items can be any antiques you may have, not including dolls or diamonds. Each antique will be appraised for \$10 per item. If you have larger items that you don't want to bring with you, you can bring



Caption: Joseph McGee, a local antiques expert, will be at the Carnegie Building in Petoskey on June 1st to offer his appraisal services for Antique Appraisal Day

clear photos of the items and Joseph will take a look at them. Spectators are also welcome at the event and can come and watch the appraisal process and see what antiques others may have.

The Carnegie Building is located at 451 E. Mitchell Street in Petoskey. If you have antiques and want to know what they are worth, bring them to Antique Appraisal Day on June 1st. All proceeds from the event will help the library continue to put on programs in the future.

# Hidden Treasures

Northern Michigan Treasure Hunter's Guide to area antique, consignment, resale and thrift shops

### BOYNE CITY

**Challenge Mountain Resale Store**  
158 M-75 South,  
Boyne City  
231-582-5711, 231-582-6966  
Open M-Sat. 9:30 - 5:30

### BOYNE FALLS

**Peg's Closet**  
3031 Main St., Boyne Falls  
231-675-2463  
Proceeds benefit the Boyne Valley Food Pantry

### CHARLEVOIX

**Bergmann Center Resale Shop**  
8888 Ance Road,  
Charlevoix  
231-547-9624  
www.bergmanncenter.org

### Kelly's Antiques & Furniture Barn

06176 Old US 31 S., Charlevoix  
231-547-0133  
www.dkellyantiques.com

### EAST JORDAN

**Crossroads Resale Shop**  
205 Water Street.,  
East Jordan  
231-536-7606  
Open Tuesday thru Saturday

### ELLSWORTH

**Good Samaritan Furniture & More Store**  
6517 Center St.,  
Downtown Ellsworth  
231-588-2208  
thegoodsam.org

### Good Samaritan

9746 Main Street,  
Ellsworth  
231-588-2208  
thegoodsam.org

### FREDERIC

**Pineview Military Surplus**  
7328 Old 27 North,  
Frederic  
989-348-8300

### GAYLORD

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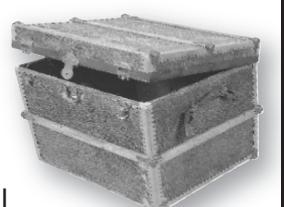
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231-348-3195  
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# News

## Boyne City Residential rubbish collection

BOYNE CITY - The City will begin its weekly residential rubbish collection program starting on May 28th. This collection will serve all 3 unit or less residential properties in the City. It does not serve commercial properties.

Main Street and the areas South of Main Street: Pick-up service will begin on Wednesday May 28th. Items for collection should be placed out after 5:00 p.m. on Tuesdays and before 7:00 a.m. Wednesdays. See schedule below for dates of collection.

North of Main Street: Pick-up service will begin on Thursday May 29th. Items for this collection should be placed out after 5:00 p.m. on Wednesday and before 7:00 a.m. Thursday. See schedule below for dates of collection.

Collection Area Weekly Pickup day

Main Street and that area South of Main Street  
Wednesday May 28th,  
June 4th, 11th; September 3rd, 10th, 17th

North of Main Street  
Thursday May 29th;  
June 5th, 12th; September 4th, 11th, 18th

This program is an addition to, not a replacement of, your existing residential household garbage collection. It is still your responsibility to properly dispose of your garbage separately.

On the reverse side are lists of materials that may be placed out for collection and those that are excluded from collection under this program. Materials must originate from the residence, and not from elsewhere or from residents' contractors. Materials for collection must be placed within curb/lawn areas of right of way that is between curbs and sidewalks; or just behind curbs where there are no sidewalks; or at street shoulders where there are no curbs.

The total volume of all items that may be placed out for collection per house each week is limited to two cubic yards (think of filling an area the size of a short bed pickup truck). Because this program is not limited to 1 week, you have plenty of time to have your items collected and do not have to have them all out for the first collection or all at once. Please do not place materials out at the street for collection before 5 pm the day before your pickup. In addition, the pickup will start at 7 a.m. so have any items out by then.

For more information or program updates visit us on the web at [www.cityofboyncity.com](http://www.cityofboyncity.com) or call City Hall at 582-6597.

BOYNE CITY COMMISSION MAY 27, 2014

## No Noise Ordinance for Boyne City Yet

### Questions Raised Over Legality of Commission Decision

By Tina Sundelius

BOYNE CITY—Boyne City Commissioners heard questions regarding last month's decision to remove fluoride from the city's drinking water; discussed the necessity of a noise ordinance, approved beach water testing and the sale of a city parcel at the May 27 meeting.

This week's meeting opened with three heartfelt comments on the Commission's decision to remove fluoride from the city drinking water from the audience during public comment. "I was shocked that you would make a decision that flies in the face of the majority of scientific evidence," said one audience member. "I do hope there is a way to reconsider this, I don't think this is the place to remake science," said another. A third audience member suggested the decision was illegal because it was a public vote that put fluoride in the drinking water. Discussion was held on the possibility of getting clarity from the city attorney on the matter and although City Manager Michael Cain has found no evidence in his research on the topic he was directed to do so. "We've been questioned as a commission and it seems to me we should have a clear answer," said Mayor Ron Grunch. A letter from the Department of Community Health was received and provided for public review that stated the department was 'disheartened' with the Commission's choice to remove the fluoride.

Police Chief Jeff Gaither has been working with City Planning Director Scott McPherson on a subcommittee to research possibilities for drafting an enforceable noise ordinance. The city presently does not have an enforceable noise ordinance. For many years the city had one but when contested in court it was found to be unconstitutionally vague because of the subjective nature that violations were determined. Since this determination in 2009 the City Police Department has not issued any citations for noise violations. "What we need in Boyne City is a handle to deal with noise because we don't have one," said Police Chief Jeff Gaither. The subcommittee presented



Oral Sutliff flanked by his wife Eleanor is presented with a certification of appreciation by Mayor Ron Grunch at the May 27 City Commission meeting. "We just really appreciate what you have done for Boyne City and the Fire department," said Grunch. PHOTO BY TINA SUNDELIUS

their preliminary research to the Commission in the form of two options. One option would govern noise in terms of decibels. This option would require special tools and training for officers who use them and it was pointed out by Commissioner Tom Neidhamer that when that technology was used in the instance of the Kirtland noise issue the factory was within the appropriate decibels. The second option was the option recommended by the committee and required that specific types of noise violations be outlined in the ordinance then police officers responding to complaints are to use their own judgment based on those outlines to determine if a violation has occurred. Commissioner Gaylord presented multiple scenarios where this type of ordinance was too subjective. He stated that there are many communities that do not have noise ordinances. "It appears to me this is a feel good response to one individual who has been approaching the commission, the data provided by police does not require that we move forward with a noise ordinance," said Gaylord. Last year there were 44 noise complaints in the city, 4 from vehicles, 1 from a party, four neighbor complaints, 8 dogs and 27 music related complaints 18 of which were from apartment buildings. The subjectivity of the ordinance was agreed upon by the entire commission. "You're not going to get a perfect ordinance but you're going to get an ordinance that deal with 90% of the problems," said McPherson. After much discussion

about the necessity of the ordinance as a police tool, Commissioner Gene Towne stated that it was a start. "Develop an ordinance for Boyne City and bring it back to the Commission," he suggested. A motion was made by Commissioner Tom Neidhamer to direct staff to develop a draft ordinance taking into consideration the discussion passed 4/1 with Gaylord against. "You're asking us to decide which subjective items we want in here and which ones we don't, I think this needs to come back to us with some more ideas," said Grunch.

A contract with the Health Department of Northwest Michigan was approved for beach testing at Peninsula Beach. For years the testing was done by the Health Department free of charge with funding from the EPA and MDEQ but the funding has stopped. They are asking \$1,000 per year per beach to conduct the same testing. Peninsula Beach and Tannery Park Road End have been testing sites in the past but since Peninsula is the city's only officially recognized beach, city staff recommended to test only there. Commissioner Gaylord suggested asking the Lake Charlevoix Association or Tip of the Mitt to help with the cost of testing. "This is an opportunity for them to put some action behind their words," he said. The entire commission recognized the need for testing and inquired into past test results. "Since I've been here we've only had one time that the beach was noticed. It wasn't high enough to close the beach," said Andy Kovolski, Public Works Superintendent. The contract was approved 5/0.

The Commission approved a motion to place one of the ten city owned parcels for bid as a result of a request by a neighboring resident to purchase the Lewis Street lot. As a result of the resident's request, Planning Director McPherson investigated and presented the possibility of putting all city owned parcels up for bid. Although the commissioners liked the idea of getting the parcels back on the tax roll, they voted to place the one lot for bid and wait until other inquiries are made before selling the rest, most of which are very wet or landlocked.

The next regular City Commission meeting is scheduled for Tuesday, June 10 at 7p.m.

## Sentencing

continued from 1A

search warrant for Olson's cell phone records to determine the location of his cell phone at the time of each transaction. In addition, the detectives also reviewed video from the gas station that Olson had stopped at to take money from an ATM.

Police eventually were able to find the woman's car, which had been abandoned at the Munson Hospital parking lot in Traverse City.

Olson was sentenced to 24 to 60 months in prison for larceny by conversion-\$1,000 or more but less than \$20,000.

Thomas Thorp, 56, was sentenced to 36 to 60 months in prison with a credit for 360 days served. Thorp's charge stems from an incident in 1997 when he allegedly assaulted a three year old girl.

Thorp had been paroled in 2013 for a conviction from 2008 that included three counts of Criminal Sexual Conduct, Second Degree



THOMAS THORP

with a child victim. This new conviction has that parole under review.

According to the affidavit of probable cause for the newest conviction, the girl assaulted was interviewed May 8, 2012. She then told detectives of what had occurred when she approximately three years of age living in Charlevoix.

According to Charlevoix County Prosecuting Attorney Allen Telgenhof this was a difficult case; and he hopes that this conviction will give the young woman clo-

sure.

"It was a difficult case on many levels. The offense occurred seventeen years ago which makes it difficult to prosecute and also to put the victim and others who had been allegedly assaulted by the defendant through a trial always risks further traumatizing them. With this plea bargain, this brave young woman was able to face the man who abused her and tell him exactly how he affected her life. Hopefully this will get her some closure," stated Telgenhof in a news release dated May 23rd.

## Smart Commute Charlevoix County event takes place June 2-5

By Tina Sundelius

CHARLEVOIX COUNTY - A friendly competition to encourage co-workers and friends to bike, walk, car-pool or use transit to get to work will take place June 2-5. Smart Commute Charlevoix County is a fun-filled, week-long event designed to increase awareness of alternative methods of commuting that provide health, economic and environmental benefits.

Individuals as well as businesses are invited to join the Smart Commute Challenge. Participants track their preferred method of smart commuting on each of the four days of the Challenge. For participating businesses a team captain will log the employees that smart commute and their estimated mileage. Then the captain will report how many employees were at the office for

the day to Val Meyerson at the Charlevoix Library. The percentage of employees who smart commuted will be tallied for the four days to determine the overall winner. Individuals participating in the challenge would report directly to Meyerson. "You can be a team of one," she said.

A traveling trophy, the "Coveted Clock," will be presented to the team with the highest percentage of employees commuting within their division. For example, a small division has from 1-4 employees, medium 5-15, and a large division would have 16 or more. "The traveling clocks are handmade with bike parts by Chet from revolution bike. There is one clock for each size category," said Meyerson.

Charlevoix County Transit will be giving free bus rides to anyone participating in the challenge but be sure to call twenty-four hour in

advance, 231-582-6900. For those who prefer a little exercise, North Country Cycle Sport in Boyne City is holding a free bike maintenance and safety clinic at 6 p.m. on Tuesday, May 20.

Free breakfasts are available from 8 to 10 a.m. throughout the week to registered participants at various locations in Boyne City, East Jordan, and Charlevoix. In Boyne City breakfast will be served on June 2 at Subway, Cafe Sante on June 3, Local Flavor sponsored by Wildwood Rush on June 4, and Lake Street Market on June 5. In Charlevoix the Harbor View Café on June 2, Johan's of Charlevoix on the third, Scovie's on the fourth and at Charlevoix Area Hospital on June 5. In East Jordan, breakfast will be served at Subway on Monday, Darlene's on Tuesday, the East Jordan Senior Center on Wednesday and the EJ Visitor Center on Thursday.

Smart Commute Charlevoix County is organized by a volunteer steering committee partnering with Top of Michigan Trails Council. Event sponsors are Charlevoix County Transit, Roush CleanTech, Irish Boat Shop, Bay Winds Federal Credit Union, The Grain Train, Charlevoix Area Hospital, Castle Farms, Revolution Bike, and North Country Cycle Sport. "I love smart commute as I think it is a fun way to show people that smart commuting is easier than they think. It is a good team building week as well," said Meyerson. Twelve library employees have already signed up for the challenge. Visit for details and registration forms. Daily updates on the current leaders of the Challenge will be available online at .

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## GLE's Solar display in operation



The Great Lakes Energy board of directors and senior staff dedicated the cooperative's new solar display last week in a ribbon-cutting ceremony outside their Boyne City office. It will be used to educate Great Lakes Energy members about alternative renewable sources of energy. Data on its generated power will be shared with GLE members in Michigan Country Lines magazine, on the [gltakes.com](http://gltakes.com) website and through a live monitor in the cooperative's Boyne City office lobby. The 10 kilowatt system is large enough to provide the energy needed for an average residential GLE member's home.

# Health & Wellness

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## Some Reasons for Adopting a Plant-Based Diet

By Deb Hagen-Foley

Plant-based diets are becoming increasingly popular. Vegetarians cite several reasons for not using animal products such as a concern for the treatment of animals, to lose weight or improve health outcomes. The film Food, Inc. documented the practices of the meat and poultry industries. "I've been a vegetarian for years and years. I'm not judgmental about others who aren't, I just feel I cannot eat or wear living creatures." Drew Barrymore, Actress

There are various levels of vegetarianism based on the extent that animal products are avoided. Vegans do not consume any animal products or by products. Vegans don't consume red or white meat, fish, fowl, eggs or dairy. They also don't use animal products, such as honey. Typically, a vegan won't use animal products such as wool, leather and silk.

A lacto-vegetarian includes dairy products, but otherwise follows the dietary restrictions of vegans. An ovo vegetarian consumes egg products, but not dairy or other animal products. The lacto-ovo vegetarian is the most common type. They include both dairy and egg products in their diets. A pollotarian does not consume red meat, fish and seafood, but does eat poultry and fowl. A pescatarian consumes fish and seafood, eggs and dairy, but not red meat or poultry. See the "Quick Guide" reproduced below from [www.vegetarian-nation.com](http://www.vegetarian-nation.com) for a succinct list.

The list of celebrities who practice vegetarianism is lengthy and varied. Actresses Mary Tyler Moore, Betty White, and Natalie Portman; musicians Kelly Clarkson, Bonnie Raitt and Steve Perry; athletes Mike Tyson, Martina Navratilova, and Carl Lewis are a few examples. Bill and Chelsea Clinton, Martha Stewart and Bob Barker are also vegan or vegetarian.

The documentary Food, Inc. documented the abuses of the corporate food industry that produces most of the meat and poul-



Plant-based diets are growing in popularity

try produced in the US. The average American consumes more than 200 pounds of meat per year. More than 70% of processed foods contain some genetically modified ingredients.

The film Forks Over Knives explores the detrimental health effects of a diet of animal products and processed foods. This film argues that many of the diseases we experience, including cancer and heart disease, can be avoided and even reversed with a plant-based diet. The health benefits of following a vegetarian or vegan lifestyle include: lower cholesterol levels (only animal products provide cholesterol), lower blood pressure, a healthier body mass index, decreased risk for heart disease and cancer and better control and prevention of diabetes.

A plant-based lifestyle can also become a natural means of losing weight or maintaining a weight loss. Fruits, vegetables, legumes and grains have fewer calories per ounce and are less dense than

animal products. As a result, it is possible to eat larger quantities of plant-based products and consuming fewer calories.

The Institute of Health's Dietary Reference Intake (DRI) recommendations allow for a wide range of protein intake - anywhere from 10% to 35% of total calories - for normal, healthy adults. For example, on an 1,800 calorie diet, you could safely consume anywhere from 45 grams (that's 10% of calories) to 218 grams (35%) of protein per day.

However, the Recommended Dietary Allowance (RDA) for protein is 56 grams a day for men and 46 grams a day for women. Most Americans have no problem getting this much, but would struggle to take in enough protein to make up 35% of their calories.

- Dried spirulina seaweed contains nearly 9 grams of protein per 1 cup serving
- Oatmeal contains 6 grams of protein per 1 cup cooked
- Brown Rice contains 5 grams

### Food

Food	Protein(grams)
1 ounce meat, fish, poultry	7
1 large egg	6
4 ounces milk	4
4 ounces low-fat yogurt	6
4 ounces soy milk	5
3 ounces tofu, firm	13
1 ounce cheese	7
1/2 cup low-fat cottage cheese	14
1/2 cup cooked kidney beans	7
1/2 cup lentils	9
1 ounce nuts	7
2 tablespoons peanut butter	8
1/2 cup vegetables	2
1 slice bread	2
1/2 cup of most grains/pastas	2

### Levels of Vegetarianism Quick Guide

LEVEL	DOES NOT CONSUME
Vegan	Meat Meat By-Products (gelatin, animal broths) Animal By-Products (eggs, dairy, honey)
Lacto Vegetarian	Meat Meat By-Products (gelatin, animal broths) Certain Animal Byproducts (eggs) Does consume dairy
Ovo Vegetarian	Meat Dairy Byproducts (milk, cheese) Does consume eggs
Lacto-Ovo Vegetarian	Meat Does consume eggs and dairy
Pollotarian	Red Meat (beef, lamb, pork, venison) Fish and Seafood Does consume poultry, fowl, eggs, dairy
Pescatarian	Red Meat (beef, lamb, pork, venison) Poultry and Fowl Does consume fish and seafood, eggs, dairy

[www.vegetarian-nation.com](http://www.vegetarian-nation.com)

per 1 cup cooked

Spinach contains 5 grams of protein per 1 cup cooked

Baked Potatoes (medium size with skin) contain 4.5 grams of protein

Peas contain 4.5 grams per 1/2 cup serving

Broccoli contains 4 grams per 1 cup cooked

Soy is another great source of protein. Soy milk, tofu, and soy-

beans contain about 10-25 grams of protein per serving

Dry roasted edamame is a huge powerhouse. 14 grams of protein per 1/4 cup serving

Beans and legumes are great, but for those on the go, dry roasted chickpeas are a better choice. Those contain 7 grams of protein per 1/4 cup serving.

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(231) 547-4024

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- Birthing Center
- Cancer Services
- Cardiac Testing and Rehabilitation
- Childbirth Education
- Community Health Classes
- Corporate Health and Wellness
- Cosmetic Surgery
- Diabetes Education
- Diagnostic Services
- Lab Services
- Munson Healthcare specialists:  
Cardiology
- Occupational Therapy
- Ophthalmology
- Pediatric Care and Therapy
- Physical Therapy
- Radiology: Angiogram, Bone Density, CT Digital Mammography, Echocardiography, MRI, Nuclear Medicine, Ultrasound, X-Ray
- Respite Care
- Sleep Center
- Speech/Cognitive Rehabilitation
- Sports Conditioning
- Sports Medicine and Rehabilitation
- Surgical Services: Colonoscopy, General Surgery, Orthopaedic Surgery, Spine Surgery

- Urgent Care (10 am - 8 pm daily)
- Wellness Wednesday Health Screenings

**Boyne Area Medical Center**  
223 N Park St., Boyne City  
Hours: Mon. - Thurs.: 8 am - 7 pm  
Fri.: 8 am - 5 pm  
(231) 582-5314

- Family Practice
- Lab
- Radiology

**Boyne Area Rehab Center**  
197 State St., Boyne City  
Hours: Mon. - Thurs.: 6 am - 5 pm  
Fri.: 6:30 am - 5 pm  
(231) 582-6365

- Aqua Therapy
- Industrial/Worksite Programs
- Occupational Therapy
- Pediatric Therapy
- Physical Therapy
- Speech/Cognitive Rehabilitation
- Sports Conditioning
- Women's Health

**Charlevoix Surgeons**  
14695 Park Ave., Charlevoix  
Hours: Mon. - Fri.: 9 am - 5 pm  
(231) 547-2812

- General Surgery
- Surgical Consults and Evaluations
- Wound Care

**Charlevoix Women's Health Care**  
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- Family Practice
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- Speech/Cognitive Rehabilitation
- Sports Conditioning
- Women's Health

**Physician's Clinic of Charlevoix**  
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- Laboratory

**Pine River Medical Associates**  
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# Health & Wellness

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## President and CEO of McLaren talks healthcare in Northern Michigan

By Jessica Boyce

David Zechman, the President and CEO of McLaren Northern Michigan (MNM) was in Gaylord to talk about McLaren and the changes that are taking place with healthcare and the hospital itself.

At the McLaren Specialty Clinic in Gaylord they offer a wide range of specialty care and laboratory and infusion services. They offer cardiology, hematology/oncology, orthopedics, pain management, podiatry, pulmonary and sleep medicine, general and vascular surgery, rheumatology, dermatology, and urology. All of the doctors are not present at the Gaylord location at all times, but they are there throughout the week and month to offer care in the area. They also offer 43 different specialties at their location in Petoskey including anesthesiology, pediatrics, vascular services, urology, and acute rehabilitation.

MNM has been paving the way in medical advancements and accomplishments since 1951, when they opened their Rheumatic Fever Center that served five local counties. In 1973, they performed the first open heart surgery in Northern Michigan, and in 2000 they performed the first beating heart surgery and brachytherapy treatments in Northern Michigan. Between 2000 and 2013, they have been adding services such as stereotactic radiosurgery, bariatric surgery, hyperbaric oxygen surgery, and transcatheter aortic valve replacement. In 2014, they opened the Karmanos Cancer Institute which is one of two nationally designated cancer centers in Michigan.

Ever since the introduction of the Affordable Care Act, the pace of

change for hospitals has increased. More hospitals in the country are closing, merging, reorganizing, and resizing. Some of the trends that healthcare is seeing right now is fewer inpatient admissions, a focus on prevention and care coordination, reduced all-cause readmissions, and a shift to outpatient and non-hospital settings. MNM alone employs 67 Otsego County Residents so it is important for them to continue offering great service and care.

With these changes, the bad debt for MNM has increased, and their operating margins have decreased. In an effort to reduce this bad debt, starting June 1st there will be a new collection policy in place at McLaren Northern Michigan. Patient financial services will continue, but McLaren will be collecting money up front for non-emergencies. This change in policy will not impact emergency services; Medicare beneficiaries with supplemented insurance; walk-in lab services; walk-in imaging services; insured patients whose deductibles have been met; and insured patients for preventative mammography, colonoscopy, and prostate screenings. It will impact elective services (non-emergent and non-urgent), Medicare beneficiaries without supplemented insurance, insured patients whose deductibles have not been met, and uninsured patients.

If you are going to McLaren for your health related needs, then it is important to be aware of this change that is happening on June 1st so you know what to expect for different types of services.

**David Zechman, the President and CEO of McLaren Northern Michigan was in Gaylord to talk about healthcare and a change in policy for McLaren.**



## Free skin cancer screening at McLaren Northern Michigan

A local dermatology practice and McLaren Northern Michigan are teaming up to offer residents of northern Michigan a free skin cancer screening on Wednesday, June 18.

Dermatology Associates of Northern Michigan will host the screening from 4-5:30 p.m. at 4170 Cedar Bluff Drive in Petoskey, the office of Murray Cotter, MD, Sherri Vazales, MD, Christopher Messana, DO, Lisa Bowersox, PA, Tina Crook, PA, Deanna Geisler, PA and Karen Nigg, PA. This is a rapid screening to visually inspect your skin. If indicated, you may need to see your physician for a complete skin care examination.

“Our message is that everyone should develop a lifelong habit of examin-

ing their skin,” said Murray Cotter, MD, of Dermatology and Associates of Northern Michigan.

Skin self-examinations consist of periodically looking over your body for any changes in the size, color, shape, or texture of a mole, the development of a new mole, or any unusual changes in the skin. Any of these signs should be reported to a dermatologist or personal physician right away.

Cotter said overexposure to ultraviolet light (sunlight or tanning lamps), especially if it results in sunburn and blistering, is the main cause of skin cancer.

“Prevention means guarding the skin against the known causes of skin cancer. Since the sun’s ultraviolet rays are the main culprit, the most effective

preventative method is sun avoidance,” he said.

Individuals who have not had a screening of an area of concern on the skin during the last two years are eligible for this skin cancer screening. Those people who are currently being treated by a dermatologist are not eligible to participate in the screening.

There is no charge for the screening, but pre-registration is required. Please arrive 15 minutes before the scheduled appointment time to complete the necessary paperwork. No treatment will be administered at the screening.

To register, call McLaren Northern Michigan at (800) 248-6777. No walk-ins please.

## Wellness Wednesday in Charlevoix

Charlevoix Area Hospital will be hosting the Wellness Wednesday Program from 8 a.m. until 11 a.m. on June 4th. The Wellness Wednesday Health Screen includes: Total Cholesterol, HDL, ratio, and Glucose levels, Body Mass Index (BMI) score, Muscle and Fat Percentages, and a Blood Pressure reading. No fasting is required.

However, if individuals are fasting, LDL and triglyceride levels can also be obtained. Cost for the service is \$15. For those who are diabetic an A1C level can be obtained for an additional \$5. Participants will receive a blood pressure log and pedometer and all test results at the time of the screening. A Registered Nurse will adapt

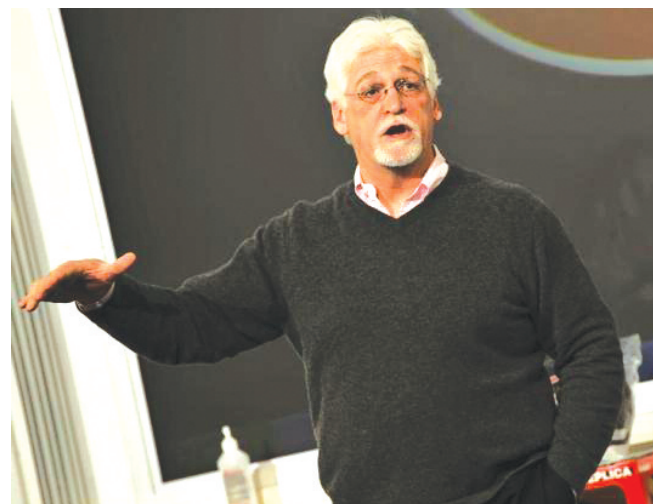
health consultation and educational materials to individual results.

Appointments can be made in advance by calling the office of Community Health Education at Charlevoix Area Hospital: (231) 547-8906 or by email: kjacobsen@cah.org Walk-ins are always welcome.

## Mobilizing men in the movement to end violence against women

A town hall-style meeting titled, “Men’s Call to Action” will be held at the Demmer Wellness Center Pavilion in Petoskey at 5:30 p.m., Thursday, May 29. The event is meant to encourage men in the community to collectively seek and develop practical ways to empower themselves, as well as the boys and young men in their lives to reach their greatest human potential. In the face of a highly violent media culture, Men’s Call to Action is one way men can become part of the solution in creating a future that is safe and equitable for all people.

“It is so critical for us to stand up and actively oppose violence against women,” said Bill Wilson a northern Michigan social worker who volunteers on the Violence Prevention team and is a 100 Men Campaign contributor. He referenced a recent national survey by the Centers for Disease Control which revealed that one in five women had been raped in their lifetime and one in four had been the victim of severe physical violence by an intimate partner. “As a father of two daughters, these statistics frighten and anger me – they also motivate me to do my part to “man up” and join the work to end violence against women and girls,”



said Wilson.

The Men’s Call to Action meeting also picks up where Joe Ehrmann left off. Ehrmann, a former NFL player, author, coach and educator, visited Petoskey last year for a lecture and coaches workshop. He stressed the importance of modeling and developing in young men and boys the essential qualities of empathy, compassion, competence, reflection and self-worth. During his time in northern Michigan, Ehrmann made clear we all have some kind of responsibility to make a difference in this world, and men and boys need to step up and help end this violence.

Area resident, Kevin Burns, who is also a Violence Prevention Team volunteer and 100 Men Campaign contributor

said, “My participation with the Violence Prevention Team and 100 Men Campaign events has inspired me to get involved and make a difference regarding the negative cultural and social norms that contribute to violence and gender inequality. The Men’s Call to Action is another great opportunity.”

Men’s Call to Action will feature facilitated discussion and food will be available to those in attendance. The Demmer Wellness Center Pavilion is located at 820 Arlington Avenue in Petoskey. For more information contact the Violence Prevention Team Coordinator at (231) 347-1572.



## Skin Cancer Screening

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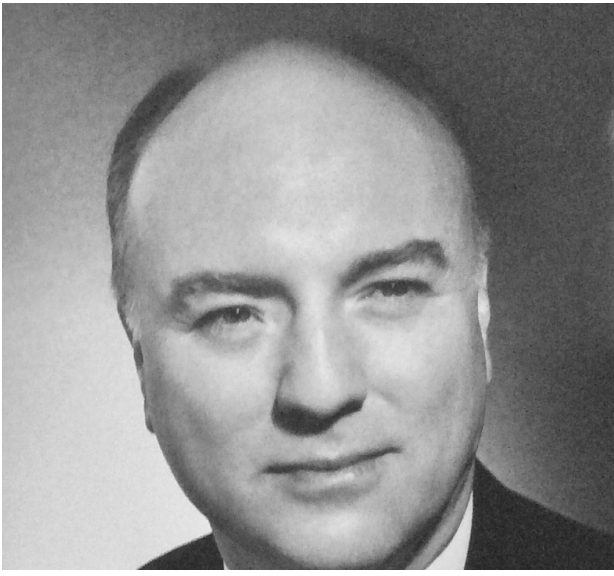
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# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## Charlevoix Public Library hosts exhibit by local artist Harold Kohn

The Charlevoix Public Library, 220 W. Clinton St., is pleased to announce the installation of an exhibit that will delight all visitors. Dr. Harold E. Kohn's artwork, including watercolors and brush & ink drawings, will be on exhibit in the Library's community room foyer during the months of June and July. Dr. Harold E. Kohn was a beloved pastor and counselor in the Charlevoix area for many years. "He was a wonderful person and a delight to know," states Mary Ann Chew, long time Charlevoix resident and retired Charlevoix teacher.



The installation is being handled by Dr. Kohn's daughter, Carolyn Kohn Minch. "My Father, Harold E. Kohn (1918-1975), was a compassionate pastor and counselor and a talented artist and writer. His essays, brush & ink drawings, and watercolor paintings were in demand across the Northland, the United States, and even in

China," stated Mrs. Minch.

Dr. Kohn experienced years of intense pain, including seven cranial surgeries over the last twenty years of his life due to multiple brain tumors. However, few of his followers knew that much of his art and writings were produced during this suffering. His art was, in fact, a distraction that helped him live with his affliction. "He often brushed on the joyful col-

ors of his paintings in the wee hours, unable to sleep, those last two years, before the tumors took his sight and then his life," reminisced Ms. Minch.

Ms. Minch and her husband feel privileged to share her father's legacy by installing a show at the library. For more information about events at the library, visit them at [www.charlevoixlibrary.org](http://www.charlevoixlibrary.org).

## DNR Wolf survey shows no big changes

DNR biologists estimate minimum of 636 wolves in Michigan this winter

The results of Michigan's 2014 wolf population survey indicate no significant change in the estimated number of wolves in the Upper Peninsula compared to the results of last year's survey, Department of Natural Resources Wildlife Division officials said today.

DNR wildlife biologists estimate there was a minimum of 636 wolves in Michigan this winter, with a confidence interval of plus-or-minus 42 animals. In comparison, the 2013 population estimate was 658 wolves, with a confidence interval of plus-or-minus 56 animals.

"Based on the 2014 minimum population estimate, it is clear that wolf numbers in Michigan are stable and have experienced no significant change," said Adam Bump, DNR furbearer and bear specialist. "We also did not see a significant difference in the number and average size of wolf packs as compared to 2013."

The wolf population survey is completed by DNR Wildlife Division and U.S.

Department of Agriculture-Wildlife Services staff, who search specific zones for wolf tracks and other signs of wolf activity. While the survey is primarily a track survey, it also utilizes radio-collared animals and aerial observation, which when combined with the information from the field work produce a minimum population estimate and confidence intervals. In 2014, approximately 63 percent of the Upper Peninsula was surveyed.

Since wolves returned to the Upper Peninsula in the 1980s, the population steadily grew until recent years when growth began to level off, which is what wildlife biologists expect to see when a recovered population approaches its biological carrying capacity. In the past few years, Michigan's minimum population estimate has hovered between 600-700 wolves.

In 2013, the DNR established a wolf management hunt in the Upper Peninsula, with three designated hunt units and a target harvest of 43 wolves, of which 22 were taken. The hunt was implemented to help reduce wolf-related conflicts in areas with persist-

ent issues despite the use of other non-lethal and targeted lethal techniques. Wildlife managers specifically designed the hunt to minimize negative behaviors demonstrated by packs at the local level without impacting the overall population.

"The fact that the 2014 estimate is 22 animals lower than the 2013 estimate is purely a coincidence," Bump said. "We are using an estimate rather than counting all individual wolves on the landscape. In addition, wolf numbers vary greatly within a single year due to the birth of pups in the spring, and deaths from many causes of mortality other than hunting. What the estimate tells us is that the population has remained stable."

The results of the 2014 wolf population survey will be one piece of data considered by DNR wildlife biologists as they evaluate current wolf management strategies, including the management hunt.

For more information about wolf management in Michigan, visit [www.michigan.gov/wolves](http://www.michigan.gov/wolves).

## McDonald's sponsors McTeacher night for BCHS



BOYNE CITY - On Thursday, May 1, 2014 Boyne City McDonalds was host and sponsor to BCHS McTeacher Night. The three-hour event is an opportunity for the staff of BCHS to work along side McDonald employees and to raise money for the BCHS Pride Team. McDonalds graciously donates Apple Pies (as many as could be sold in 3 hours) for the team to sell for 100% donation to the program, as well as a percentage of the sales that are made during the event. This year's once again raised over \$100/hour for the program. Boyne City High School would like to thank Boyne City McDonalds for their continued support! PICTURED: Manager Joel Churchill presents Principal Karen Jarema with a check and monies for pies purchased totaling \$319 at the conclusion of the event.

## Area winemakers honored at Winning Wines Event

North Central Michigan College and the Straits Area Grape Growers' Association collaborated to honor area winemakers at the Third Annual Winning Wines of Northern Michigan event on Wednesday, May 14th at the college's Petoskey campus. More than seventy entries, from professional and hobby vintners, competed for honors.

Best of Show and Double-gold went to Burgdorf's Winery for their Traminette, a semi-dry white wine. Double-gold medals were awarded to Mackinaw Trail Winery for their Vidal Blanc Ice Wine and to Rose Valley Winery for their Rifle River Red.

Mackinaw Trail Winery took four gold medals for their Late Harvest Riesling 2012, Big Red, Cabernet Franc and

Razzberry Harbor Springs Vineyards & Winery won two golds for a Sweet Summer Time and Schoolhouse Road. Pleasantview Winery received a gold for Ethereal and Burgdorf's Winery won a gold for Frontenac Gris.

Silver medals went to the Cellars of Royal Farms for Breezeway and Cheeky Cherry; Seasons of the North for A Nice Pear; Mackinaw Trail for Late Harvest Riesling 2013, Syrah-Pinot Noir and Cabernet Sauvignon; Burgdorf's Winery for Le Crescent and Chancellor; and Hawk Owl Hill for Frontenac.

Bronze winners included Pleasantview Winery's Simply Rapture and Sweet Summer Red; Harbor Springs Vineyards' Pinot Gris and Cherry Wine; Mackinaw

Trail's Cabernet Merlot; Rose Valley Winery's Brianna; Seasons of the North's Backroads; Burgdorf's Spartan White; Farmhouse Vineyards' Organic Deep Channel Red; and Matt Killman's Maple Dessert.

Overall, thirty-one awards were presented by the panel of seven judges which included sommeliers Shawn Peterson and Mike Zagaroli with City Park Grill and Travis Tache with Stafford's Weathervane, along with MSU Wine Educator Ron Perry, Patrick "Yogi" Schultz from Glen's North Wine Market, and Straits Area Grape Growers Association's Robert Waugh and Greg Whittaker. The judges rated the wines on visual, aroma, texture, taste, finish and price point.

Through the generos-

ity of donors, ticket purchasers and sponsors, the North Central Michigan College Foundation raised \$5,200 for the Student Emergency Fund which helps students deal with financial challenges that impede their ability to complete their coursework.

North Central's Corporate and Community Education department began offering workshops on grape growing and wine making in 2009. The success of the workshops, coupled with the growth in Michigan's wine industry, prompted the college to develop an academic viticulture program. Now the college offers certificates and an associate's degree program in viticulture and enology preparing students for careers in Michigan's wine industry.

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[www.mercygrayling.com](http://www.mercygrayling.com)

**Charlevoix Area Hospital**  
14700 Lake Shore Dr  
Charlevoix  
231-547-8630  
[www.cah.org](http://www.cah.org)

**Otsego Memorial Hospital**  
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Gaylord  
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[www.MyOMH.org](http://www.MyOMH.org)

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[www.fourstarnutrition.net](http://www.fourstarnutrition.net)

### PHARMACY

**Central Drug Store**  
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231-547-242  
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### PHYSICAL THERAPY

**Jordan Valley Rehabilitation Center**  
100 Main St # 9, East Jordan  
231-536-1451

**Boyne Rehabilitation Center**  
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231-582-6365

### SENIOR ASSISTANCE

**Otsego County Commission on Aging**  
120 Grandview Blvd., Gaylord  
989-732-1122  
[www.otsegocountycoa.org](http://www.otsegocountycoa.org)

**Crawford County Commission on Aging**  
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989-348-8342  
[www.crawfordcoa.org](http://www.crawfordcoa.org)

**Seniors Helping Seniors**  
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**Charlevoix County Commission on Aging**  
218 West Garfield St.  
Charlevoix  
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[www.charlevoixcounty.org/coa.asp](http://www.charlevoixcounty.org/coa.asp)

### WALK-IN CLINIC

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### HOME HEALTH CARE

**Health Dept. of NW Michigan**  
220 W. Garfield, Charlevoix  
231-547-6092  
[www.nwhealth.org](http://www.nwhealth.org)

**Northern Management Services**  
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# Charlevoix County Commission on Aging

"The mission of the Charlevoix County Commission on Aging is to provide the highest quality senior services in partnership with the community. We focus our efforts on advocacy and support for seniors and their caregivers by promoting health, wellness, and education to achieve a dignified and enriched quality of life."

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Ann Partridge  
26215 Main St, BI, 49782  
231-448-2022

##### Boyne Area Senior Center:

Terri Powers  
411 E. Division, PO Box 964  
Boyne City, MI 49712  
Phone: 231-582-6682

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#### WEBSITE ADDRESS:

[www.charlevoixcounty.org/coa.asp](http://www.charlevoixcounty.org/coa.asp)

## Medicare & Dental Services

Medicare pays for a wide range of inpatient and outpatient services, including many preventive services, for older adults and persons living with disabilities. However, there are some components of health care that are excluded from Medicare coverage, specifically most dental services.

Original Medicare, whether under Part A and B, does not cover routine dental care, such as teeth cleaning, fillings, dentures, root canals, etc. Medicare may pay for dental services that are medically necessary and usually related to another Medicare-covered medical condition. For example, Medicare may cover a dental procedure required for a person with oral cancer prior to radiation treatment. Medical necessity for dental coverage is generally based on other health conditions that could be life-threatening or become serious if the dental care is not done.

Many seniors cannot afford to pay for even basic care. The costs for treatment can be high, even if they have some basic insurance coverage. They are forced to skip cleanings, postpone x-rays, and defer their den-

tal procedures. There are, however, some sources of help available for dental care.

Various Medicare Advantage health plans provide some basic dental coverage, however, there are co-pays and deductibles along with annual benefit limits. Medicare beneficiaries can also enroll in a stand-alone dental plan offered by many insurance companies or dental associations. Also, Medicaid beneficiaries can be eligible for dental care depending on their income and assets.

There are various community organizations that provide reduced cost services based on the patient's financial resources. The US Department of Health & Human Services maintains a website where people can search for clinics that provide many types of health services, to include dental treatment, on a sliding fee schedule. The website can be accessed at: <http://findahealthcenter.hrsa.gov/>. Simply enter your address or community to find local organizations. Certain dental schools also offer lower cost services as a means to provide

training for new dentists and dental hygienists. Sources of help can be found on the American Dental Association website at:

[www.ada.org/267.aspx](http://www.ada.org/267.aspx); or the American Dental Hygienists Association: [www.adha.org/dental-hygiene-programs](http://www.adha.org/dental-hygiene-programs) or by calling the ADHA at 312-440-8900. Finally, the Dental Lifeline Network runs a program offering free, comprehensive dental treatment to vulnerable people, including the elderly and those living with disabilities. More information is available at: <http://dentallifeline.org/>.

Medicare beneficiaries can get help by contacting the Medicare/Medicaid Assistance Program at 800-803-7174. MMAP personnel are trained and certified to provide help in all areas of Medicare health care insurance, Medicaid benefits, fraud and abuse, billing issues, and a number of other related topics.

By: Jim Verville, Region 10 Coordinator

Michigan Medicare/Medicaid Assistance Program  
Area Agency on Aging, Traverse City, Michigan

#### Boyne Area Senior Center News!

*The wearin' 'o the Green!*



Boyne City High School students Megan, Albert, Jordan, Derek, Austin and Alexandra, along with teacher Pam Crouch, provided grand table services for the affair!

Master "Limerician" Gene Farley dazzled again this year... and the Backwoods Maestros shared some tunes, and some of the feast!



#### Charlevoix Senior Center News!



Wearing the green are Donna Russell and Donna and Phil Decker for our St. Patrick's Day Party. Corned beef, cabbage, and green beer were major hits for the festivities. And Roger Hartson entertained the Charlevoix Seniors on St. Patrick's Day with good music and cheer.

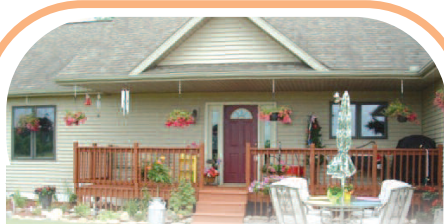


A HUGE Thank You to AARP tax preparers, Linnie Arnold, Randy Cebulski, Evelyn Davis, Nancy Moore, Bill Keehn, and John Loucks.

They just completed the 2013 tax season assisting area residents in filing their taxes. They provide an excellent and very much appreciated service. They have worked very hard and are dedicated to providing excellent service to our seniors. Thank you all very much for your help this tax season!

Saying "goodbye for the summer" to Meals on Wheels driver, Melody Berg. She provides such dedicated and caring services to our seniors. Thank you and happy summer!

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